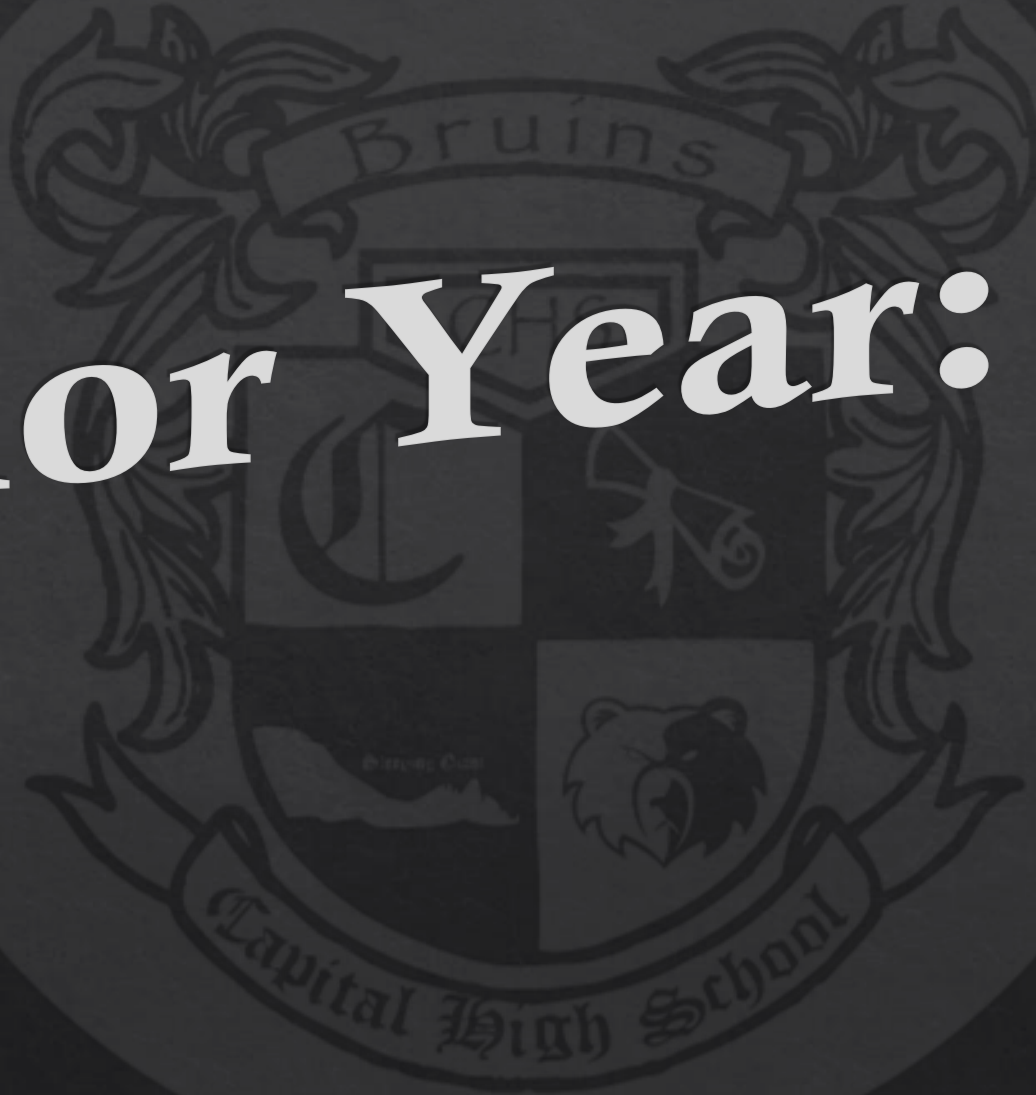


Senior Year: 101



The Counseling Department

Last Name of Student:

A - D Mr. Robinson 324-2493 jrobinson@helenaschools.org

E -K Mrs. Meldrum 324-2491 dmeldrum@helenaschools.org

L-Ri Mrs. Boggs 324-2492 bboggs@helenaschools.org

Ro-Z Mrs. Decker 324-2490 cdecker@helenaschools.org

Career & College Counselor

Mr. Southworth 324-2483 wsouthworth@helenaschools.org

BE A GRADUATE

Code	Credit Type	# of Credits Required
(ENG)	English	4
(SST)	Social Studies (World cultures)	1
(GOV)	American Government	1
(USH)	American History	1
(SCI)	Science	2
(MTH)	Math	3
(HP)	Human Performance	1.5
(HE)	Health	0.5
(FA)	Fine Arts	1
(VOC)	Career and Tech Ed	1
(ELE)	Electives	7
Total		23

Counselors checked your credits before the year started; your fall schedule was designed to make sure you had what you needed.

We will be sending passes to show you what you need to graduate

- ◇ *Any class above Grad requirements counts as Electives*
- ◇ *American Studies 1/2 or AP USH, AP GOV combos include .5 econ requirement*

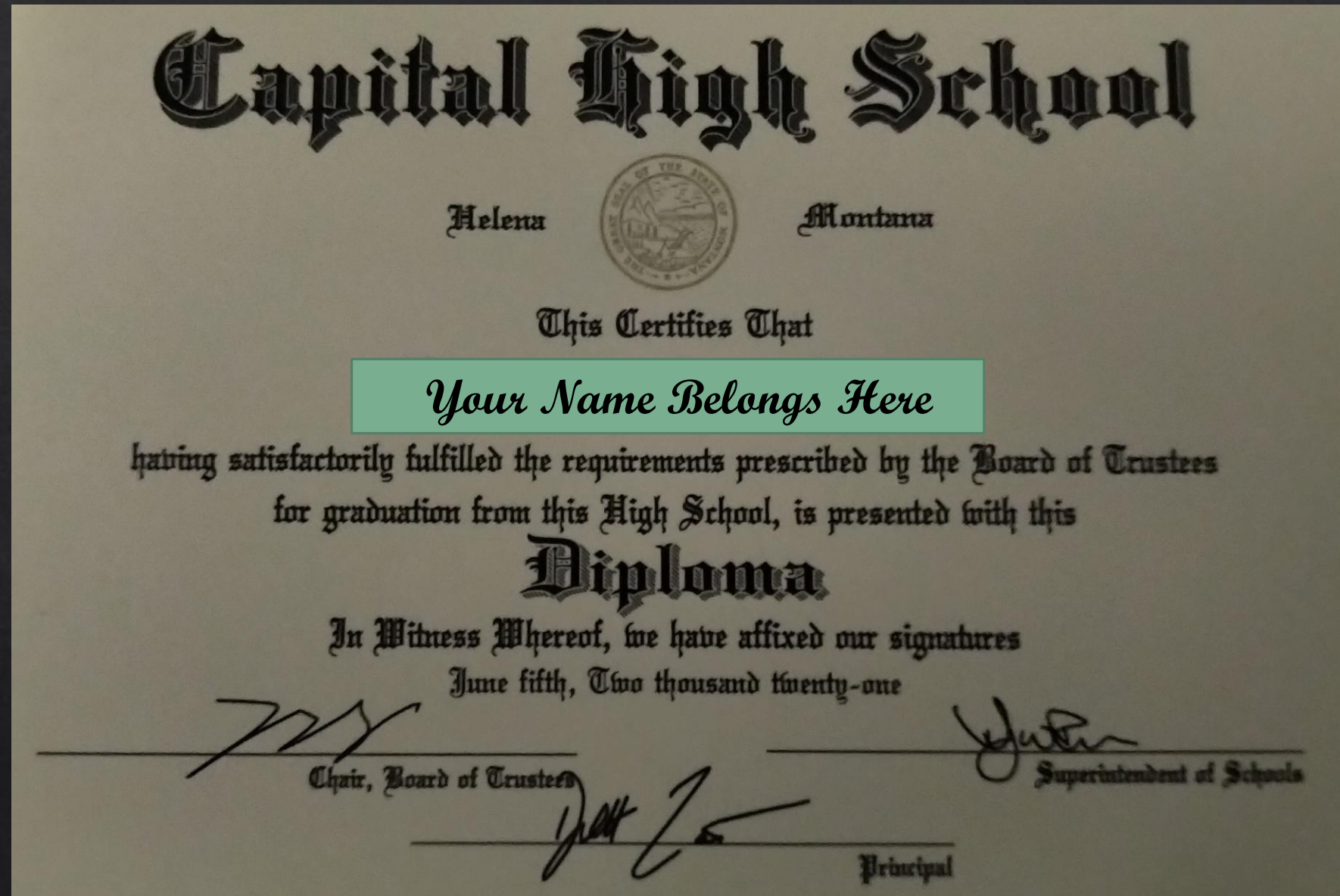


Earning Your Diploma

We must put the official legal name on your Transcript and Diploma

Does it match your driver's license/birth certificate?

When filling out applications, please use your legal name



B.E.A.R. Award

Bruin Educational Achievement Recognition or B.E.A.R. for short.

To be eligible for the recognition, students must complete the following

- 10 or more Honors, Advanced Placement, or Accelerated courses
- Earn a B or better in all 10 courses
- 7 of the 10 courses must be from core academic areas (English, Math, Social Studies, Science, or Foreign Language)
- Graduate with a minimum of 26 credits
- Cumulative GPA of 3.5 or above
- No outstanding disciplinary issues
- Be involved in 2 school related activities
- Complete an application senior year.

Application is in the career center, check with your counselor if you have questions



APPLICATION IS DUE MARCH 1st

Advanced Placement

- ◇ Your AP teachers have or will be giving you your AP join codes.
 - ◇ You need to sign up for your College Board AP account ASAP and make sure you are listed in the correct courses.
 - ◇ Registration will start September 28th
 - ◇ The deadline to register for AP exams will be November 6th .
 - ◇ Exams are \$40 (School district is covering the rest) there is a fee \$40 for late sign up or dropping
 - ◇ Free and Reduced Lunch Students will be \$3 per test
 - ◇ We will follow the standard AP exam schedule
 - ◇ Exams will be between May 3rd - May 14th.
 - ◇ Check your AP Central account for your specific test date.



AP Course Transfer Credits

Did you know there is a way to see how every college will accept your AP scores?

<https://apstudents.collegeboard.org/getting-credit-placement/search-policies>

You can search colleges you are interested in attending and it will list all AP classes, the score needed, and the college course they will give you credit for, and the number of credits they will award you.

Here is an example

Montana State

English Language- Score needed 4, Writing 101 3 credits

English Literature- Score needed 3, Lit 110 3 credits

University of Montana

English Language- Score needed 3, Writing 101 3 credits

English Literature- Score needed 4, Lit 110 3 credits

Carroll College

English Language- Score needed 5, Eng Writ 102 4 credits

English Language- Score needed 4, Eng Writ 101 3 credits

English Literature- Score needed 4, Eng Lit 215 3 credits



Will My Credits Transfer? Answering
Common Questions Transfer Students Ask



Transcript Requests

- ❖ Helena Public Schools has partnered with Parchment to deliver secure electronic transcripts to colleges.
- ❖ While you are still enrolled at CHS it will be free to use the parchment service.
- ❖ You will need to register for a parchment account on parchment.com
 - ❖ Make sure you use your legal name and a personal email address to link your account

ORDER YOUR TRANSCRIPT

IN THREE EASY STEPS

1 Register For Your Free Account 

If you received a registration code handout, go to parchment.com/register.
If you received an email, just click the link

1. Visit [Parchment.com](https://parchment.com)
2. Find your school
3. Build your profile





2 Request Your Transcript 

1. Choose Order
2. Select Destinations such as colleges, Common App or yourself
3. Review your Order and Check Out

3 Track Your Transcript 

1. Watch your email for updates
2. Log in to Parchment for more details



Need Help?

▪ Visit support.parchment.com today! ▪

 Request and Track Transcripts  Explore Colleges  Analyze Admissions Data

COLLEGE, HERE I COME! 



Graduation is the start,
not the finish line!



CHS Career Center

Mr. Southworth Career Counselor offers the following services

Job Opportunities

<https://chs.helenaschools.org/departments/counseling-and-career-center/>

College and Military Visits

Post by senior wall & on our social medial accounts

Scholarship Searches

<https://chs.helenaschools.org/departments/counseling-and-career-center/>

Letters of Recommendation

How many do I need? Who should I ask?

College/Personal Essay

How to bolster your college, military, or employee application

Services offered: Internships, careers, college searches, scholarships, financial aid, and other post-secondary opportunities.

College Visits/ Recruiters

Each CHS Student is allowed 2 excused absences of college visits each year

1. Parent excuse student prior to absence.
2. Obtain written verification from college official and give to CHS attendance. Absence will be changed to School Related.

College Reps are also visiting CHS often in the Career Center

1. Listen to the announcements, follow our social media accounts, NextGrad Screen in the foyer, or check the Counseling Department page for announced visits.
2. Sign-up ahead of time in counseling office.
3. Counseling office will send pass to attend.

College Application Week

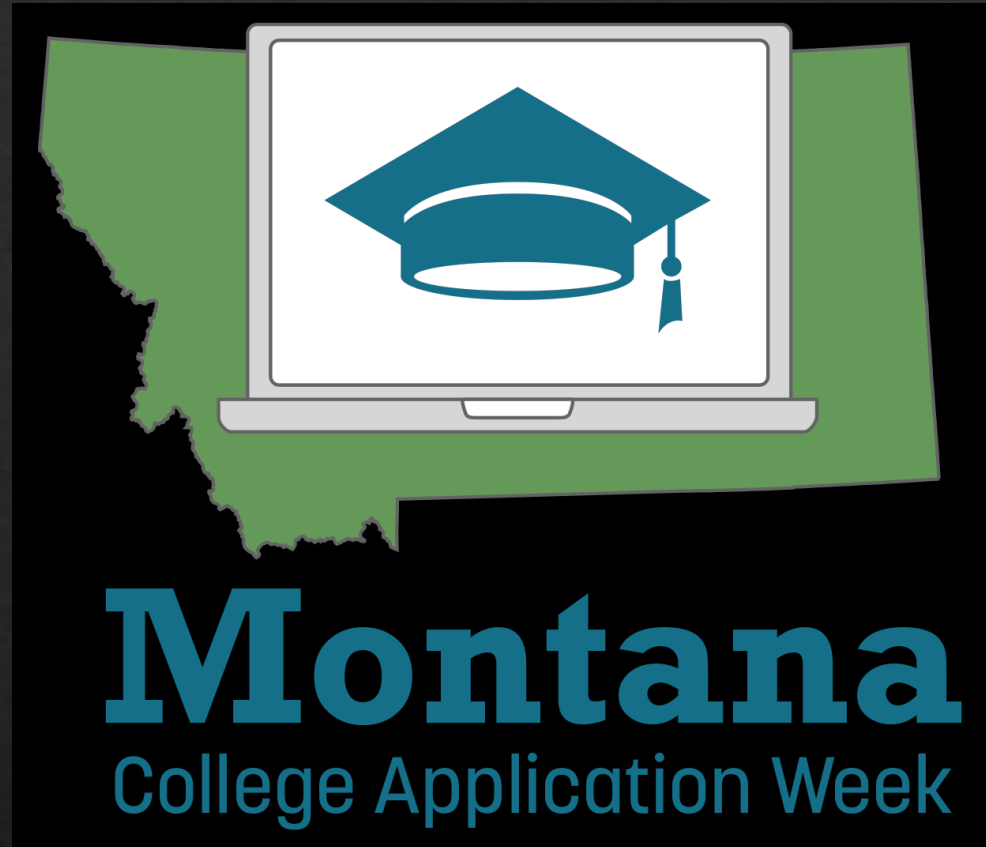
Oct 5th-9th

During CAW, you can make an appointment with the career center to get help with your college applications

Students will be able to apply to any college in Montana for free during CAW week

(public and private schools)

You will get to come in during English classes that week



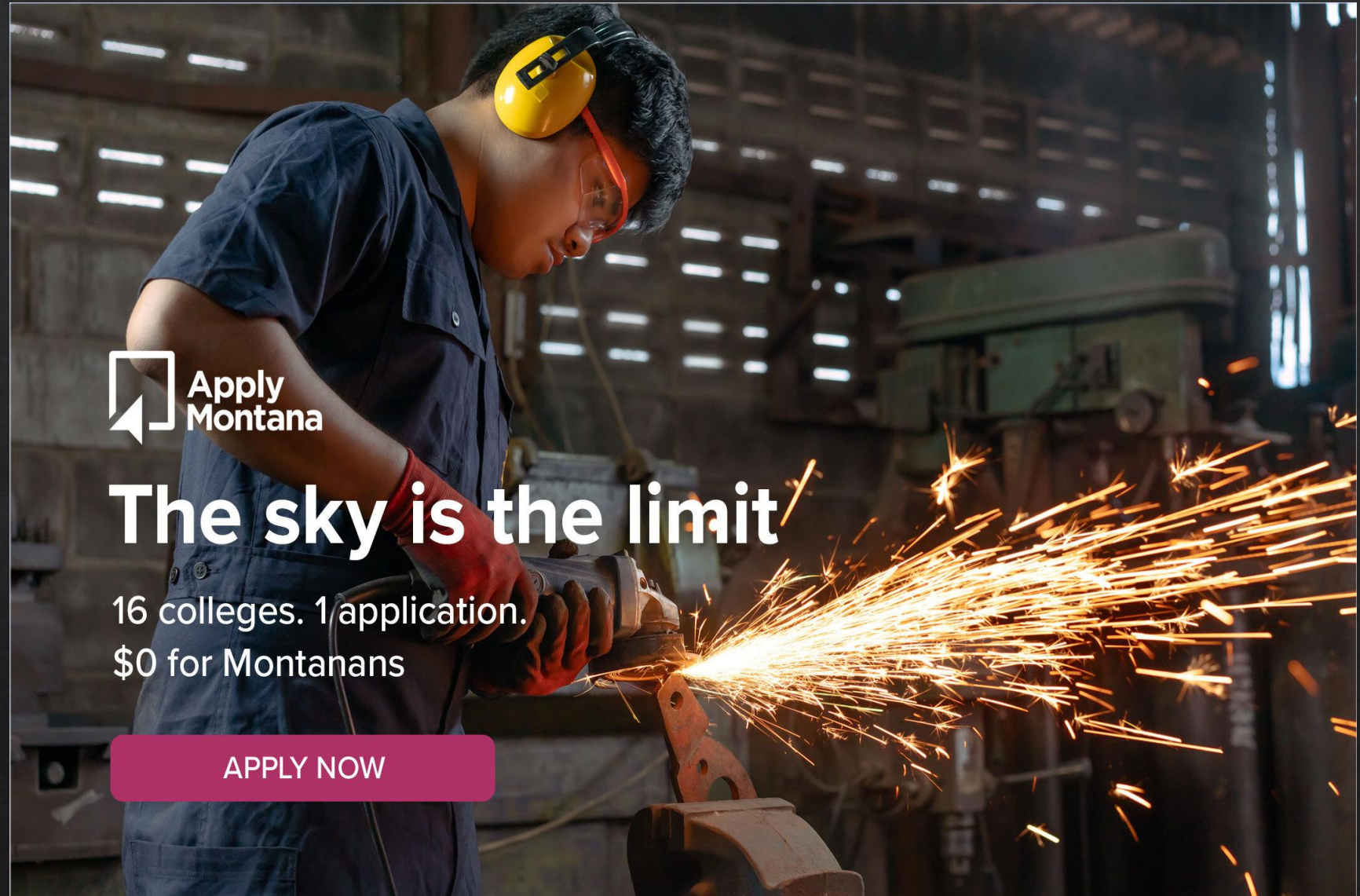
Apply Montana

All public colleges in Montana now have 1 central application that you can apply for 1 to 16 schools for FREE! Anytime!

As long as you use the Apply MT portal, and not the school specific sites, the application fee is waived.

You can also use the page to search which schools offer what majors, so you are applying for the correct schools.

applymontana.mus.edu



 **Apply
Montana**

The sky is the limit

16 colleges. 1 application.
\$0 for Montanans

[APPLY NOW](#)

Other Options- 2 Yr. Schools to start

Open Admission

Two-year colleges in the MUS offer open admissions that do not require the academic standards listed above.

However, certain programs (such as nursing) have admission standards.

A high school degree or HiSet (GED) is required for admission to all degree programs.

FAFSA

(Free Application for Federal Student Aid)

Why FAFSA? This is how you get a student loan or grant.

Step One: Create a FAFSA ID. The student and one parent/guardian will need a username and password.

Step Two: Complete the FAFSA application online.

Important Dates: October 1st (application opens)
 December 1st (priority filing date for most schools)

Even if you think you won't qualify for assistance, you should still complete the FAFSA because many scholarships or school programs require it.

Need Help?
Text FAFSAHELP to
41411



FAFSA WORKSHOP

The CHS Counseling Departments will be hosting a FAFSA Workshop, with help from Carroll College, Helena College, and Reach Higher Montana

10/21

5-7 PM

Library

Get help from FAFSA professionals filling out the forms.

Great help for first timers!

Scholarships

- ◆ Academic (GPA, Test Scores)
- ◆ Institution based- (merit or degree specific)
- ◆ Need Based (based on parents' income)
- ◆ Employer Based (where you or your parents work)
- ◆ Identity Based (groups you identify with, religion, orientation, etc.)
- ◆ Service Based (Volunteer experiences)
- ◆ Talent Based (athletics, music, theater, etc.)
- ◆ Military Based (ROTC, GI Bill)

◆ Scholarship search tools and services-

[Fast Web](#)

[College Green Light](#)

[JLV College Counseling](#)

[Reach Higher Montana](#)

Our Scholarship Page

<https://chs.helenaschools.org/departments/counseling-and-career-center/>

Looking out-of-state?

Tools to consider:

College Board Big Future

Pay for College tab; CSS Profile

WUE (Western Undergraduate Exchange Program)

Student pays 150% of in-state tuition.

Questbridge (high achieving, low-income students; 4 year full-tuition to a partner school).

Income threshold, less than \$65,000. Application due by 9/29/2020.



College Athletics

If you plan to play college sports, you will need to create an eligibility account.

NAIA Athletes

www.playnaia.org

NCAA Athletes

www.ncaaeligibilitycenter.org

**NCAA eligibility requires 16 core classes from
Eng/SS/Math/Sci/FL**

Military

<https://www.todaysmilitary.com/> Quick link for info about all military options

Air Force ROTC

2d Lieutenant Dalton Scheel (385) 364-8884

dalton.Scheel.1@us.af.mil

Army National Guard

SSG Branden Watts (406) 594-4853

branden.b.watts.mil@mail.mil or www.MontanaGuard.net

Marines & Navy

Sergeant Brenden J. Pennington (406) 442-3871

Brenden.Pennington@marines.usmc.mil



Apprenticeships

Students who are completing the CHS Pre-Apprenticeship program need to be working with Mr. Canney or Mr. Kain to create the documentation and appropriate paperwork.

If you have not participated in our pre-apprenticeship program, but are interested in learning more about apprenticeship opportunities post high school, please visit

<https://apprenticeship.mt.gov/>

Apprenticeships are great options for career advancement and training.

Apprentices who complete their program earn an average of over \$63,000 annually, \$20,000 higher than the statewide average wage. After a 30-year career, that's a \$600,000 dollar difference, not even accounting for raises along the way. You'll start earning a paycheck the first day of your apprenticeship and are employed throughout your entire training program.

Senior Yearbook

Senior Pictures Due - October 31st
Email: capitaldomeyearbook@gmail.com

Senior Ads due on October 31st

Yearbook Prices increase from \$70 to \$85 after
October 31st

Ads and Yearbooks can be purchased on
www.yearbookforever.com or Capital Revtrak
system under extras.

Any questions email:
capitaldomeyearbook@gmail.com



Didn't turn in your grad supplies packet?



Travis Belcher

443-3844

Travis.belcher@Jostens.com

Jostens.com

Search Capital High School

Graduation!

Saturday, June 5th at 8 am

Carroll College



What's next?

Register for the college fair

(9/22 1:30-3 at Carroll College)

Register at montanacolleges.com

When you pre-register and attend, you are entered into a \$1000 scholarship drawing

Meet with your counselor (please come when you get a pass)

Get your transcript, parchment join code, and your
graduation needs