

MAY 2025

CHS NEWSLETTER



PHOTO BY BRANSON WAREHAM

MAY AT A GLANCE:

May 1st-3rd: Spring Theater Show (7pm @ CHS Auditorium)

May 2nd: Vigilante Parade (Students out at 11:30)

May 2nd-3rd: State Music Festival in Missoula

May 5th-16th: AP Exams (more information inside)

May 9th: Prom!! 8pm -11pm at the Civic Center

May 15th-16th: Tennis Divisionals in Bozeman

May 16th-17th: Track Divisionals in Butte

May 19th: CHS Spring Choir Concert (CHS Gym @ 6pm)

May 20th: CHS Band Concert (CHS Auditorium @ 7pm)

May 22nd-24th: State Tennis in Bozeman

May 22nd-24th: State Softball in Great Falls

May 22nd-24th: State Track in Kalispell

May 26th: Memorial Day-NO SCHOOL

May 27th: Spring Orchestra Concert (CHS Auditorium @ 6pm)

May 28th: Senior Grad Walk!!!!

***June 7th: GRADUATION 8AM AT CARROLL COLLEGE**



CAPITAL HIGH SCHOOL GREENHOUSE PLANT SALE WILL BE ON WEDNESDAY, MAY 28th FROM 10:30-2:30 AT THE CHS GREENHOUSE. PEPPERS AND TOMATOES WILL BE FOR SALE FOR \$3 EACH. MONEY RAISED IS USED TO SUPPORT CHS GREENHOUSE PROJECTS. FOLLOW THE SIGNS AND PARK NEXT TO THE GREENHOUSE. SEE YOU THERE!!!!



SENIORS AND SENIOR PARENTS!!!!

AS THE SCHOOL YEAR IS WINDING DOWN PLEASE CHECK POWERSCHOOL TO SEE IF YOU OWE ANY FINES. IF YOU HAVE ANY QUESTIONS PLEASE SEE MRS. BARKER!!!

Congratulations!

THE FOLLOWING CHS STUDENTS EARNED MEDALS IN THEIR EVENTS AT THE HOSA FUTURE HEALTH PROFESSIONALS SPRING LEADERSHIP CONFERENCE:

CHLOE ZIMMERMAN: 3rd IN CLINICAL SPECIALTY AND 1st IN RESEARCH POSTER

LYRIC LANES: 3rd IN BOTH EPIDEMIOLOGY AND WORLD HEALTH DISPARITIES IN HEALTHCARE, 2nd IN OCCUPATIONAL HEALTH AND SAFETY, 1st IN MEDICAL LAW AND ETHICS

CHARLIE SNELLMAN: 2nd IN RESEARCHED PERSUASIVE SPEECH AND WRITING

Dear Senior Parents:

Graduation Tickets -Seniors will receive their tickets on Tuesday, May 27th , in their government classes. Tickets will only be necessary if the ceremony has to be indoors due to inclement weather.

Each senior will receive 7 tickets.

Please bookmark this website: <https://chs.helenaschools.org/graduation/> we will constantly update this page with the most recent information regarding the end of senior year and graduation. The ceremony will once again be live streamed. The link will be found at this website when ready.

Graduates Fines/Fees - Graduates will NOT receive their diploma on graduation day if they have any outstanding Fines/Fess at CHS. Please check PowerSchool & Mealtime to make sure your Graduate does not have any outstanding Fines/Fees that need to be paid. If your graduate is not going to be using any balance remaining on their mealtime account, you have 3 options for these funds. 1) You can request a refund. 2) If you have another student in the Helena School District, you can transfer those funds to your other student. 3) You may donate the funds to help pay down Students in Need accounts that have a negative Mealtime balance. Please contact our bookkeeper, Charmaine Barker at cbarker1@helenaschools.org or at 324-2482 to resolve your Graduates Fine/Fees balances.

Grad Program Scholarship List - Next, we will be recognizing the hard work of the Class of 2025 in the graduation program by once again doing our senior scholarship and awards insert page. We want to make sure every senior and parent gets an opportunity to get their name listed for any scholarship received. To be included in the program, please type in this link (or find it on the grad webpage)<https://forms.office.com/r/KzXagSPesP> All submissions must be submitted via the form by Wednesday, May 28th at 10 am (due to printing limitations)

SENIOR PARENT INFO CONTINUED....

Grad Walk - The annual grad walk will be held on Wednesday, May 28th at each of the Westside feeder elementary schools: Jim Darcy, Rossiter, Four Georgians, Broadwater, Hawthorne, and Kessler. Soon-to-be graduates will have the opportunity to return to their elementary school to be congratulated by students and staff. A separate bus will arrive at each of these respective schools at approximately 10:00 am. For those students who did not attend any of these schools, they can still participate and pick a school of their choice. Participating seniors need to be sure to bring their cap and gown on the morning of this event. Sign-ups will be announced as we approach this date.

Final Transcript Requests - Seniors will be given instructions on how to electronically request transcripts be sent to prospective colleges. Students will be required to input the requests into Parchment and transcripts will be sent via secure electronic means after June 12th. AP scores and Helena College transcripts will need to be requested via those programs. If you want to help your student with their final requests, you can do so via Parchment at <https://chs.helenaschools.org/departments/counseling-and-career-center/transcript-requests-parchment/>

Senior Finals - Seniors will be completing their finals during their regular class periods with the following schedule:

Tuesday, June 3 Periods 2, 3, & 4- Finals in these classes

Wednesday, June 4 Periods 5, 6 & 7- Finals in these classes

Thursday, June 5 Periods 0, & 1- Finals in these classes (practice will immediately follow at the Carroll College PE Center)

Additionally, a couple of upcoming dates for you to put on your calendar:

May 27 - Seniors receive their graduation tickets and make final transcript requests in government classes (Seniors not in Gov, stop by the counseling department the 28th - 30th)

May 28 -Senior Grad walk at feeder elementary schools

SENIOR PARENT INFO CONTINUED....

June 5 - Graduation Practice (9:30 at Carroll College PE Center)

Senior Picnic (following practice, at the Fairgrounds)

June 6 - No school for seniors

June 7 - Graduation (8AM Carroll College)

Seniors need to report at 7 AM to the Carrol PE Center

Guests can start arriving at 7:15 AM at Carroll Nelson Stadium

Senior All Night Party- The Helena Senior All Night Party will take place on Saturday, June 7, 2025, from 7pm-3am at the Helena Civic Center (Doors lock at 9PM). The Helena Senior All Night Party is a tobacco-free, alcohol-free, and drug-free event that is open to all graduating seniors in Helena! This includes students of ACCESS, Capital High, Helena Christian Academy, Helena High, PAL, St. Andrews, and Home School students. Tickets are \$85, please reach out to your students counselor if you need financial assistance.

FIRST....fill out the Release Agreement at <https://www.helenasanp.com/tickets/>. After you complete the agreement you will be taken to the purchase tickets page for the SENIOR ALL NIGHT PARTY.

THANK YOU TO CROWLEY AND FLECK FOR HELPING FUNDRAISE FOR THE SENIOR ALL NIGHT PARTY!!! SHOW THIS COUPON AND GET 20% OFF ON MAY 8TH!!!!



HELENA 2025 SENIOR ALL NIGHT PARTY

School Night Voucher

MacKenzie River Pizza and Helena 2025 Senior All Night Party invite you to dine with us in Helena on **THURSDAY, MAY 8, 2025**

Order your favorite items from our fresh, tasty menu and Helena 2025 Senior All Night Party will receive a donation equal to **20% OF YOUR MEAL DOLLARS** from Mack Riv.

Present this voucher when settling your bill to ensure Helena 2025 Senior All Night Party receives your contribution!

Helena • 1110 Road Runner Dr. • 443-0033

 @mrphelena • mackenzieriverpizza.com

*Works all day for dine-in and carryout on designated event date. Excludes alcohol.

THURSDAY, MAY 8, 2025

AP EXAM INFORMATION:

Week 1	Morning 8 a.m. Local Time	Afternoon 12 p.m. Local Time
Monday, May 5, 2025	Biology	European History
	Latin	Microeconomics
Tuesday, May 6, 2025	Chemistry	United States Government and Politics
	Human Geography	
Wednesday, May 7, 2025	English Literature and Composition	Comparative Government and Politics
		Computer Science A
Thursday, May 8, 2025	African American Studies	Japanese Language and Culture
	Statistics	World History: Modern
Friday, May 9, 2025	Italian Language and Culture	Chinese Language and Culture
	United States History	Macroeconomics

Week 2	Morning 8 a.m. Local Time	Afternoon 12 p.m. Local Time
Monday, May 12, 2025	Calculus AB	Music Theory
	Calculus BC	Seminar
Tuesday, May 13, 2025	French Language and Culture	Environmental Science
	Precalculus	Physics 2: Algebra-Based
Wednesday, May 14, 2025	English Language and Composition	Physics C: Mechanics
	German Language and Culture	
Thursday, May 15, 2025	Art History	Computer Science Principles
	Spanish Language and Culture	Physics C: Electricity and Magnetism
Friday, May 16, 2025	Physics 1: Algebra-Based	Psychology
	Spanish Literature and Culture	

AP INFORMATION CONTINUED....

Important things to Note:

- Students will need to be able to log in to their student College Board account to take exams. Please make sure Usernames/Passwords are memorized!!!
- Students will need a school-issued chromebook for exam day
- Majority of AP exams will take place at the Lincoln Center. AP French and AP Computer Science Principles will take place at CHS. Students testing with accommodations will be at CHS.
- Please arrive at least 15 minutes before scheduled exam

What to Bring on Exam Day:

- Fully charged chromebook and charging cord
- College Board account login information
- No. 2 pencil and blue or black pen
- Approved calculator (if allowed for exam)

What Not to Bring on Exam Day:

- Electronic equipment of any kind except devices being used for digital AP Exams.
- Mechanical pencils, No. 3 pencils, or colored pencils.
- Rulers or straightedges (these are allowed only for Physics exams).
- Watches that beep or have an alarm.
- Hats are not permitted to be worn while testing.

Please reach out to Ms. Lindner if you have any questions or need help. Thank you!

Blindner1@helenaschools.org

406-324-2492

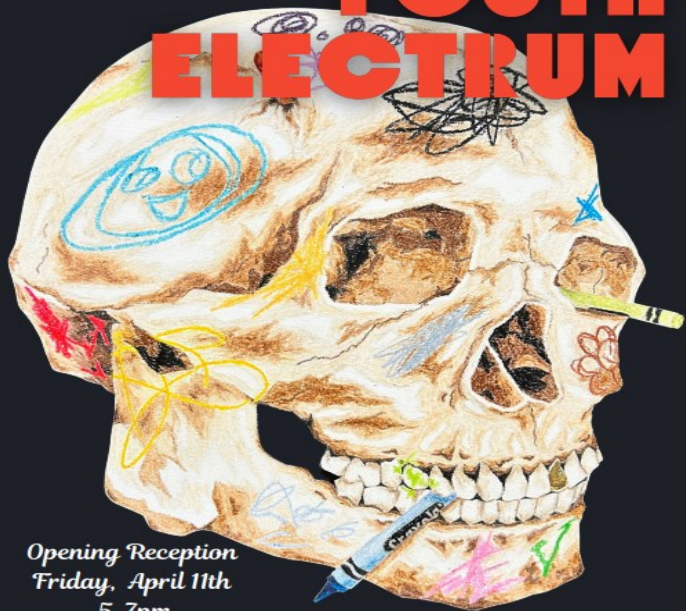


PHOTO BY TATUM ZANTO

HOLTER
MUSEUM of ART

April 11- June 1

2025 YOUTH ELECTRUM



Opening Reception
Friday, April 11th
5-7pm

JOIN US FOR THE ANNUAL ART SHOW FEATURING STUDENT
ARTISTS FROM THE HELENA SCHOOL DISTRICT THE
EXHIBITION IS ON DISPLAY AT THE HOLTER MUSEUM.

CHS COMMUNITY THINGS TO
DO:



PEN & INK

Launch Party

The Holter Museum

May 8, 2025

5:30-7:30 pm

brought to you by the
**HELENA
EDUCATION
FOUNDATION**



WORLD LANGUAGE FAIR

HALLO

GERMAN

SALVE

LATIN

HOLA

SPANISH

BONJOUR

FRENCH

LEARN ABOUT THE
LANGUAGES OFFERED IN
HELENA SCHOOL DISTRICT

MAY 17TH 3-5 PM
LEWIS AND CLARK LIBRARY



PHOTO BY MARISSA MCKAY

travel CHANNEL

From the mountains of Peru to the coasts of Greece, tropics of Belize and the cultures of New Zealand, Bruins have turned the world into their global classroom. Every travel experience is an opportunity for growth, but educational travel goes even further. It's a chance for students to appreciate what they have and better understand the world and their ability to affect change. It is an experience that invests in personal ethics and values, while building character traits for resumes, scholarships, and life in general. And our tours are an absolute blast!

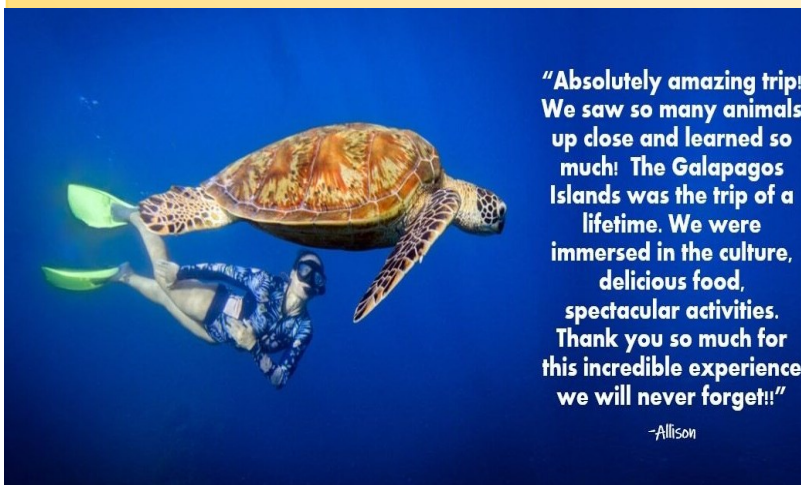
Bruins will be heading out to London & Paris on a STEM tour at the end of this school year. This trip is full, but there are more opportunities to check out.

Students will be exploring Thailand in June of 2026. We will work with local communities on projects related to education, the environment, or community development. Travelers will also visit an elephant sanctuary that works toward conservation and ending mistreatment. Plus, Bruins will spend time in the cities, beaches, and countryside. This is known as one of the best tours for a mix of education, culture, service, and beauty. Travelers are sure to return with heartfelt gratitude, a spark for life, and a global education that is outstanding.

The Galapagos Islands are some of the best wildlife destinations in the world. Having been isolated from the world for thousands of years, they are home to unique animal species found nowhere else on Earth! The country limits how many tourists may visit each year, and WE get to go in June of 2027! Travelers will snorkel in some of the most incredible waters in the world, absorb profound hands-on science knowledge, and participate in a cultural exchange.

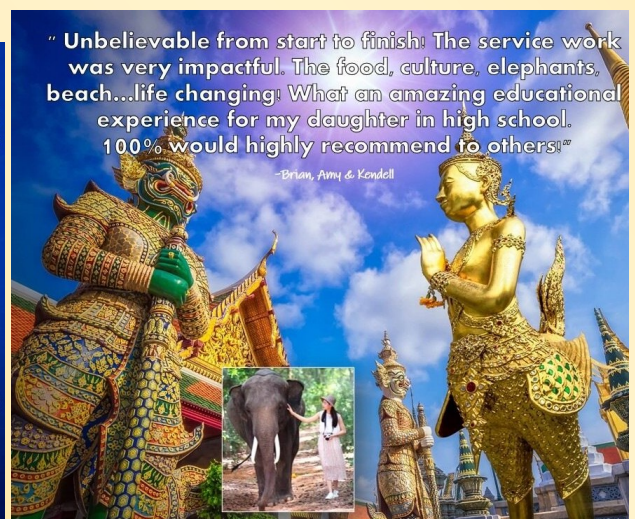
When students travel, they expand their knowledge of the world around them, discover more about themselves, and grow more confident. These skills are critical for creating the global citizens of tomorrow. We would love to have your teen join us on our 19th & 20th CHS educational adventure abroad.

Enrollment is currently open and students who sign-up are eligible to receive a \$200 scholarship up through May 9th. For more information contact Genevieve Anderson at gander-son@helenaschools.org or call 406-459-9311. (See reviews in the photos included)



"Absolutely amazing trip! We saw so many animals up close and learned so much! The Galapagos Islands was the trip of a lifetime. We were immersed in the culture, delicious food, spectacular activities. Thank you so much for this incredible experience we will never forget!!"

-Allison



"Unbelievable from start to finish! The service work was very impactful. The food, culture, elephants, beach...life changing! What an amazing educational experience for my daughter in high school. 100% would highly recommend to others!"

-Brian, Amy & Kendall

OUT AND ABOUT WITH CHS UNIFIED PE!!!



From the Desk of the School Nurse: Measles Information

As you have heard, measles has been diagnosed in Montana for the first time since 1990. HPS district wide measles vaccination rate is 97%, which is above the 95% the CDC feels is necessary to prevent a dangerous outbreak.

The attached letter was provided by Lewis and Clark Public Health to provide information for our school community:



Division of Disease Control and Prevention

1930 Ninth Avenue, Helena MT 59601

Phone: 406-457-8900

Fax: 406-457-8997

<http://www.lccountymt.gov/health.html>

March 28, 2025

Notice to school and childcare facility staff, volunteers and students

What is measles?

Measles is a highly contagious disease. It lives in the air for up to 2 hours after an infected person leaves, and a person is infectious for 4 days before and after they develop a rash.

Majority of people exposed to measles that are not immune, will get infected with measles. It can take up to 21 days for an exposed person to develop the infection. Measles can cause serious illness.

Symptoms of measles:

- High fever
- Cough
- Runny nose
- Red, watery eyes
- Tiny white spots inside the mouth
- Rash

Complications of measles:

- Diarrhea
- Ear infections
- Pneumonia
- Encephalitis (swelling of the brain)
- Hospitalization
- SSPE (fatal central nervous system disease)
- Death

Will I be excluded from work, school, daycare if I have a measles exposure?

If you are identified as having a measles exposure **AND** are not considered immune, **it is recommended that you quarantine at home and not go to school or public places.**

- 21 days after the onset of rash in the last case of measles in the school or childcare facility, or
- 21 days after your last day of exposure outside of the school, or
- Until you are considered immune (received MMR vaccine dose(s) or had measles infection)

Our mission is to improve and protect the health of all Lewis and Clark County residents



Lewis & Clark
Public Health

Division of Disease Control and Prevention
1930 Ninth Avenue, Helena MT 59601
Phone: 406-457-8900
Fax: 406-457-8997
<http://www.lccountymt.gov/health.html>

How do I know if I am immune to measles?

- Written documentation of adequate vaccination:
 - One dose for general population adults and children aged 1 year old through preschool age
 - 2 doses for school aged children, college students, and healthcare providers
 - Laboratory evidence of immunity
 - Birth before 1957

How do find out if I am vaccinated?

- Contact your health care provider (previous, current, out-of-state)
- Check your patient portal
- Check school records (including college); contact your child's school nurse or childcare provider
- Check with prior employers (especially if you worked for a childcare facility or healthcare facility)
- Check your military records if you were enlisted
- Check with your Obstetrician
- Check your state's Immunization Registry (for out of state records)
- Complete this Authorization to Release Information form for us to check for vaccines in the Montana State ImMTrax Registry (this will not include vaccines from another state unless a Montana healthcare provider added them). [Authorization Release of Information](#)

Please visit the CDC website for additional suggestions on how to locate your vaccination records: [Staying Up to Date with Your Vaccine Records | Adult Vaccines | CDC](#)

How do I get vaccinated?

MMR vaccine is widely available, is covered by insurance plans, and no charge if you don't have insurance.

To get vaccinated:

- Contact your healthcare provider
- Contact your local pharmacist
- Contact Lewis & Clark Public Health at 406-457-8900 to make an appointment

References:

MCA 50-2-118; MCA 20-5-405; ARM 37.114.307; ARM 37.114; ARM 37.114.501; HB 702

[Measles \(Rubeola\) | Measles \(Rubeola\) | CDC](#)

<https://www.dphhs.mt.gov/>

Our mission is to improve and protect the health of our community residents

If you have questions about measles, please contact CHS Nurse Shannon McNamee RN at 406-324-2481 or smcnamee@helenaschools.org.

For more information: <https://www.cdc.gov/measles/data-research/index.html>

<https://www.allinahealth.org/healthysetgo/prevent/herd-immunity-what-it-is-and-why-its-important#:~:text=That's%20infections%20are%20more>



SCHOOL-BASED BEHAVIORAL HEALTH SERVICES

Fostering Resilience and Hope

Our school-based services provide a safe and supportive environment for students to discuss their thoughts, understand their emotions, and develop healthy strategies for navigating life stressors. To enroll your student, please register Here (<https://forms.office.com/pages/responsepage.aspx?id=69kQMno60kyMApIVK2Gj8burwfipEGVMgPjglMqwPLNUMzFKRk1RRVRVNzZXRTFOQ1dNUzJUSUxUQi4u>)

or scan the QR code

