

CHS NEWSLETTER

JUNE 2025



JUNE AT A GLANCE:

JUNE 3rd-5th: SENIOR SEMESTER TESTS

JUNE 7th: GRADUATION (8am @ CARROLL COLLEGE) AND SENIOR ALL NIGHT PARTY (7pm-3am @ HELENA CIVIC CENTER)

JUNE 9th-10th: 9th-11th GRADE SEMESTER TESTS

JUNE 10th: LAST DAY FOR 9th-11th GRADE STUDENTS

Sports Physicals

East Helena High School Gym

Enter through the doors of the student parking lot.

3:30 pm to 7 pm
Thursday, June 5th

Cost: \$25

Cash, check, or electronic payments accepted

All clinic proceeds go towards supporting the school district's sports programs.



PUREVIEW
Health Center



CHS 4th Quarter High Five Award Winners

The following students were winners of our High Five drawings for 4th quarter. Student names go into the High Five drawing for having been identified by a CHS staff member for being "caught" doing something that exemplifies our Capital Code— Be Responsible, Be Respectful, Be A Graduate. Congratulations!

TAVIN AVARD

HAILEY BAKER

JAZMINE BUFFALO

DANICA DEBORDE

ARYANNA EKNESS

TRAVEN FEIGHT

SHAYLEIGH FISHER

NATHANIEL HALVERSON

DEREK IRISH

JOVIE JACKSON

JULIEANNE JOHNSON

REESE LAFOND

KADI LILLETVEDT

HUNTER RUSSELL

LAILA STEINHOFF



CHS COUNSELING DEPT.



Fall Schedule Release & Textbook Pick-Up

Seniors

8/20 12-3PM

Juniors

8/21 12-3PM

Sophomores

8/22 12-3PM

Freshmen

8/27-DURING BRUIN
BEGININGS



PUREVIEW

SCHOOL-BASED BEHAVIORAL HEALTH SERVICES

Fostering Resilience and Hope

Our school-based services provide a safe and supportive environment for students to discuss their thoughts, understand their emotions, and develop healthy strategies for navigating life stressors. To enroll your student, please register [Here](#) or scan the QR code:



From the Desk of the School Nurse: Spring Wrap Up!

Thank you for a fantastic year with your students! CHS had occasion to celebrate many achievements for our students and staff!

Check out the FREE SUMMER MEALS PROGRAM 2025 at <https://helenaschools.org/summer-meal-pick-up-schedule/>

Must register at the website provided.

BREAKFAST & LUNCH SACKS

Memorial Park: 11 am – 1 pm, Monday – Friday

Helena Public Library: 11:55 am – 12:45 pm, Monday – Friday

Sharron Park (next to Stewart Homes): 11:55 am – 12:45 pm, Monday – Friday

WEEKEND MEAL SACKS (FRIDAYS ONLY)

Memorial Park: 11 am – 1 pm

Helena Public Library: 11:55 am – 12:45 pm

Sharron Park (next to Stewart Homes): 1-1:30 pm

MULTI-DAY BREAKFAST & LUNCH SACKS (FRIDAYS ONLY)

Capital High: 8 am – 11 am – June 20 -July 18

MULTI-DAY BREAKFAST & LUNCH SACKS (MONDAYS & THURSDAYS ONLY)

The following sites offer packs with meals for multiple days. Monday packs contain three-days-worth of breakfast and lunch. Thursday packs contain four-days-worth of breakfast and lunch.

Warren Elementary: 7:30 – 9:30 am

Rossiter Elementary: 10 am – 12 pm

Capital High: 8-11 am – July 21 – Aug 14

EAT FRESH LUNCH: MONDAY – THURSDAY

These meals must be eaten on site, as required by the federal USDA Summer Food Service Program.

Four Georgians Elementary School: 11:40 am – 12 pm (Monday – Thursday) June 16-17

EAT FRESH LUNCH: MONDAY – FRIDAY

These meals must be eaten on site, as required by the federal USDA Summer Food Service Program.

Helena Middle School: 10:30 am – 10:50 am, Mon – Fri, July 16-25

Centennial Elementary School: 11:05 am – 11:45 am, Mon- Fri, June 16- Aug 8

EAT FRESH BREAKFAST & LUNCH

These meals must be eaten on site, as required by the federal USDA Summer Food Service Program. Meals are served Monday – Friday

Bryant Elementary School: 8:45 am – 9:15 am, Lunch 12 – 12:30 pm

YMCA Camp Child (Elliston): Breakfast 9 – 10 am, Lunch 12 – 1 pm – June 15 – August 22

Smiles Across Montana dental clinic opened to all this July in East Helena

We offer appointments with Smiles Across Montana in the Fall, as well, for students to be seen here at CHS.

**For questions, please contact your school nurse, Shannon McNamee RN, 423-2481
smcnamee@helenaschools.org.**

A poster for the Smiles Across Montana dental clinic. The title "SMILES ACROSS MONTANA" is in large purple letters at the top. Below it, "Is coming to East Helena" and "July 7-9, 2025" are written. A paragraph states: "We are coming to East Helena to provide community members of all ages preventive dental care." There are two columns of bullet points. The left column, "What We Do", lists: X-Rays, Cleanings, Exams - Screenings, Fluoride, Sealants, Silver Diamine Fluoride, Curodont Repair, Oral Hygiene Instruction, and Educational Programs. The right column, "Who We Serve", lists: Montanans with a dentist, Montanans without a dentist, Insured, and Uninsured. Below the right column, "Location of Event" lists: Prickly Pear Elementary, 325 Academic St, East Helena, MT 59635. The background features a large blue smiley face and a green mountain range. The words "SMILES ACROSS MONTANA" are repeated in a large, faint font across the middle.

SMILES ACROSS MONTANA
Is coming to East Helena
July 7-9, 2025

We are coming to East Helena to provide community members of all ages preventive dental care.

What We Do

- X-Rays
- Cleanings
- Exams - Screenings
- Fluoride
- Sealants
- Silver Diamine Fluoride
- Curodont Repair
- Oral Hygiene Instruction
- Educational Programs

Who We Serve

- Montanans with a dentist
- Montanans without a dentist
- Insured
- Uninsured

Location of Event
Prickly Pear Elementary
325 Academic St
East Helena, MT 59635

ACROSS MONTANA

SUMMER TIDBIT: Blacklegged Ticks Identified in Montana

The Montana Department of Public Health and Human Services (DPPHS) is announcing the identification of Ixodes scapularis (the "deer tick" or "blacklegged tick") within the state. This is the first time a blacklegged tick has been identified in the state through active surveillance. Blacklegged ticks are the primary vector responsible for transmitting diseases such as Lyme disease, Powassan virus disease, ehrlichiosis, babesiosis, anaplasmosis, and hard tick relapsing fever. Blacklegged ticks are present throughout much of the Northeast U.S., though in recent years, blacklegged ticks have expanded west, reaching as far as North Dakota. There are no known previous records of blacklegged ticks in Montana, though other non-human-feeding Ixodes spp. ticks had been documented in previous research surveys.

Have a wonderful Summer!

Shannon McNamee BSN,RN,NCSN, AE-C; smcnamee@helenaschools.org

CHS PHOTO CLASS OUT AND ABOUT!!!!



PHOTO BY CHARLOTTE TAMOL



PHOTO BY ALYVIA SPERRY



PHOTO BY JACOB JOST



PHOTO BY NIK PRITCHARD



PHOTO BY BRETT WOODWARD



PHOTO BY BARRETT COCHRAN