

# Welcome to CHS





# Welcome Future Bruins!



# Reminders

- Online- feel free to send questions via the chat feature, Kathy Kidder will directly answer or periodically stop me for questions
- Please be sure you are muted on your end
- In person- raise your hand if you have questions, will also open it up to questions at the end



# Drivers Education

- REGISTRATION FOR THE SUMMER 2025 SESSION WILL OPEN ON APRIL 7, 2025.
- Questions? Please contact: [trafficeducation@helenaschools.org](mailto:trafficeducation@helenaschools.org)
- **AGE REQUIREMENTS:**
  - **Summer 2025 Class:** Registration will open April 7 – April 16, 2025. Classes will run May 5 – August 15, 2025 . Students must be 15 on or before November 5, 2025 to register for this session.
  - **Fall 2025 Class::** Registration will open August 25 – September 3rd. Classes will run September 22 – January 9, 2026. Students must be 15 on or before March 22, 2026 to register for this session.
  - **Winter/Spring 2026 Class:** Registration will open January 5 – January 15, 2026. Classes will run from February 2 – April 17, 2026. Students must be 15 on or before August 2nd 2026 to register for this session.



# Academic Information

- **Graduation/College Requirements**
- **Registration Process**
- **Graduating with Honors**
  - **BEAR Award**
  - **NHS**
  - **GPA**
  - **HEF- Distinguished Scholar**
- **Dual Credit Opportunities**
- **AP Classes**



# Proud to Be a Bruin! Who's Here to Help?

Academics and Counseling (College & Career, Life Skills, etc.)

## *Building Administrators*

Mr. Brett Zanto, Building Principal – [bzanto@helenaschools.org](mailto:bzanto@helenaschools.org) 324-2472  
Mr. Mick Morris, Assistant Principal – [mmorris1@helenaschools.org](mailto:mmorris1@helenaschools.org) 324-2473  
Mrs. Kathy Kidder, Assistant Principal – [kkidder@helenaschools.org](mailto:kkidder@helenaschools.org) 324-2480

## *Guidance Counselors*

Mr. Jeramie Robinson – [jrobinson@helenaschools.org](mailto:jrobinson@helenaschools.org) 324-2493 A - D  
Mrs. Dana Meldrum – [dmeldrum@helenaschools.org](mailto:dmeldrum@helenaschools.org) 324-2491 E - K  
Ms. Bethany Lindner- [blindner@helenaschools.org](mailto:blindner@helenaschools.org) 324-2492 K - Ri  
Mrs. Corissa Decker – [cdecker@helenaschools.org](mailto:cdecker@helenaschools.org) 324-2490 Ro - Z

## College & Career Center

Mrs. Aspen Herndon [aherndon@helenaschools.org](mailto:aherndon@helenaschools.org) 324-2483

In addition to teachers, there are many adults at Capital High who are here to help parents and students.  
Get to know us. We all have different roles to play in students' success here at Capital High.



# Guidance & Counseling Services

## ***What parents and students can expect from the Capital High School Counselors***

- COURSE SELECTIONS & PREPARING FOR HIGH SCHOOL
- POST-SECONDARY PLANNING/COLLEGE, CAREER & LIFE SKILLS
- INDIVIDUAL PERSONAL SUPPORT
- FAMILY SUPPORT

## **We use a systematic approach to accomplish these goals with all students and families.**

- YEARLY PRESENTATIONS —
  - Class registration and information night
- OPEN OFFICE/WALK-IN TIMES —
  - Counselors keep “open office” time during lunch for general walk-in questions. A student’s individual counselor may not be available, but someone in the department will be available to assist him/her.
- INDIVIDUAL APPOINTMENTS —
  - Personal interviews & post-secondary planning, general information, scheduling, career/college/scholarship opportunities, personal concerns/referrals, a counselor needs to see a student for various reasons, etc.

*All services provided by school counselors are free, voluntary, and completely confidential (except as required by law) to the students, families, teachers and school staff in the Helena Public Schools.*

# Transcript & Graduation Credits

## ■ Earning Course Credit for Graduation

- **A student must pass a class to earn credit!**
- Students earn .5 credit for each class hour each semester by passing a course with a minimum of a D-.
- When a student completes the required coursework and earns the required number of credits, he/she is eligible for graduation from Capital High School.

## ■ Grade Point Average

- GPA is the cumulative average of a student's high school grades.
- Capital works on a 4.0 scale with a 4.0, representing all As, being the highest GPA possible.

## ■ The transcript is the official academic record for the student.

- Only final semester grades and credits earned are reported on Capital's high school transcript.
- Marking period and progress report grades are not reported on the transcript but may serve as "warnings" to students to raise their grades before the semester ends.
- Transcripts are used for many purposes, including college/university admissions, scholarships, job applications/employment, and insurance (i.e., some auto insurance companies will give a reduced rate for students performing well academically).





# Clubs

- There is a club for that!
- Curricular/service club and activity fair- one of stops during the 8<sup>th</sup> grade tour today



# Get Involved!



- Activities
  - MHSA Eligibility – All Freshman are eligible. After S1 students must maintain passing grades in a minimum of 4 classes.
  - Physicals – May 1<sup>st</sup> – April 30<sup>th</sup> following year
  - Concussion Forms- MHSA forms/Impact Testing
  - Check out individual team websites for information on specific sports and activities.
    - Tryouts, summer camps, etc.
    - Speech and Debate
    - Fall activities- early August, make sure that trips are over
- School Based Clubs & Activities
  - Student Council, DECA, Key Club, SkillsUSA, etc. -- see handbook/website
  - There is something for everyone, or students can create their own.



# Next Steps

## End of Year:

- Return Chromebooks to CRA
- Pay any fines

## Summer Mailing (Beginning of August)

Information included:

- Bruin Booster BBQ ~ Pat Drynan - President
- Bruin Beginnings ~ First day “freshmen only” student led tours, abbreviated schedule, schedule/textbook pickup
- Frosh Tailgate ~ First home football game Vigilante Stadium
- Picture day





# O period vs. 1<sup>st</sup> period

- What is the difference?



# Before school? After school?

- When do doors open? 8:15 for 1<sup>st</sup> period
- What about after school- options?



## **More items!**

- Attendance Policy
- Power School
- Electronic Devices
- Parking Permits
- Open Campus- LUNCH!
- IT (Intervention Time)
- Bruin Incentive Cards
- Monthly Parent Newsletter



# Mrs. McNamee: CHS School Nurse

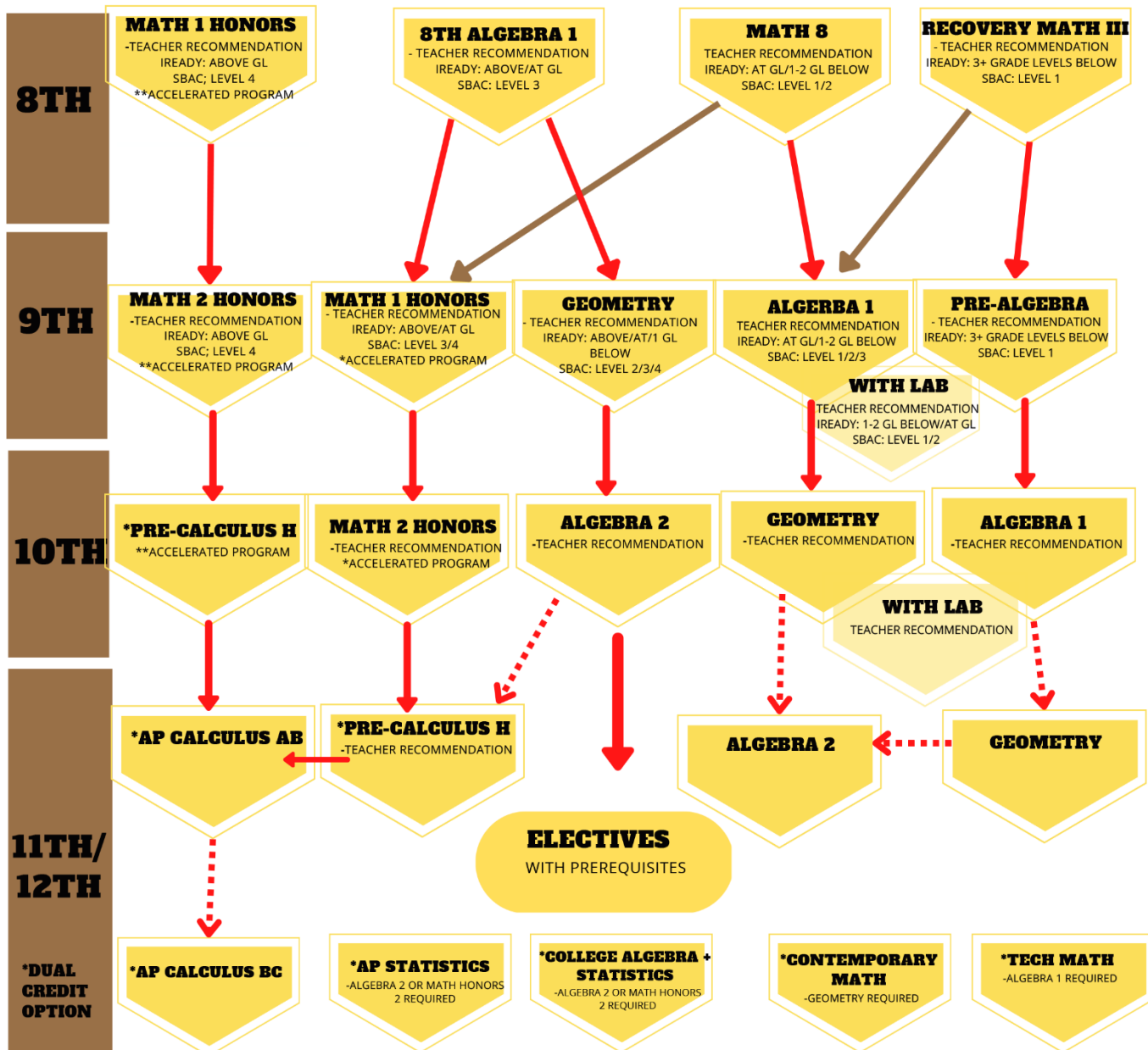
- Medications
- Injured and in PE?
- Vaccinations

# Math

- All Helena Public School graduates must take and be successful in a minimum of three years of math.
- The pathways offered at CHS allow *all* students to meet the minimum college entrance requirements for the Montana University System (a strong recommendation of four years math through at least Algebra 2).
- We recommend all students take four years of a math, especially if planning on attending college.



# CRA to CHS MATH COURSE PATHWAY





## **Career & Technical Education**

- **Industrial Technology**
- **Business/Technology Education**
- **Marketing Education**
- **Family & Consumer Sciences**
- **Biomedical Sciences**



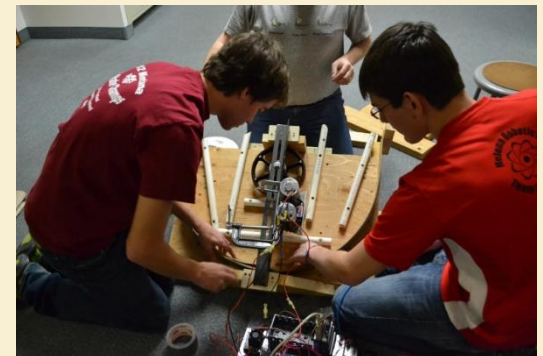
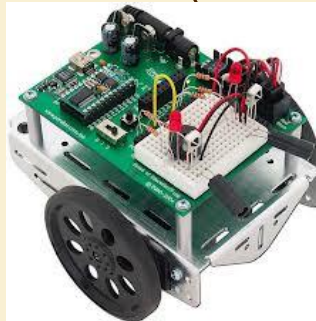
# Pre-Apprenticeship Program

## College and CAREER Ready!

- Capital High School's CTE Department has created a partnership with the Montana Department of Labor. Together they have developed a pre-apprenticeship program in the construction technology pathway. Students working within the pre-apprenticeship program will develop practical and skilled work experiences based on industry and occupational standards. Students will begin tracking hours that may be used in an approved apprenticeship program upon graduation
- Construction
- Electrician
- Plumbing

# Science/Math Related CTE Courses

- Introduction to Robotics (9<sup>th</sup>-12<sup>th</sup>)
- Computer Science/AP Computer Science
- Project Lead the Way-Biomedical Sciences
  - Principles of Biomedical Sciences (9<sup>th</sup>-11<sup>th</sup>)
  - Human Body Systems (10<sup>th</sup>-12<sup>th</sup>)
  - Medical Interventions (11<sup>th</sup>-12<sup>th</sup>)
  - Biomedical Innovations (12<sup>th</sup>)





# Fine Arts

- Art
- Music
- Drama
- Photography



# Music

- The middle school investment finally pays off
- Deliberate and developed curriculum
- Instant social group
- Breaks up the day
- Multiple opportunities for rounded college applications (Tri-M, Solo and Ensemble, All-State, etc.)





# Social Studies

## Social Studies, History, & Government

A minimum of 1.0 SST, 1.0 USH, and 1.0 AMG credits are required.

	Grade 9	Grade 10	Grade 11	Grade 12
<b>Required Courses</b>	World Studies Human Geography AP	None Required	American Studies I American History AP	American Studies II American Government AP
<b>Elective Courses</b>		European History AP World History Philosophy Psychology Sociology	European History AP World History Philosophy Sociology Psychology Advanced Psychology Special Topics	European History AP World History Philosophy Sociology Psychology Advanced Psychology Special Topics



# Special Education

- Transition Meetings
  - CRA and CHS Support Teams
- Academic Support
  - Core Curriculum Lab (CC Lab)
- Behavior Support
  - PBS- Positive Bruin Supports
- Social/Emotional Support
  - ABS- Applied Bruin Supports
- Functional Life Skills Program





# English

- Students are not required to stay in a specific stream for English. They are free to move from a regular English class to an honors/AP class or from an honors/AP class to a regular English class. Students are encouraged to make decisions based on their ability.

	Grade 9	Grade 10	Grade 11	Grade 12
<b>Required Courses</b>  <i>Choose one</i>	English 1 English 1-Honors (Pre-AP)	English 2 English 2-Honors (Pre-AP)	English 3 English 3-AP Lang & Comp	English 4 English 4-Coms in Workplace (DC) English 4-AP Literature & Composition College Writing & College Lit. (DC)
<b>Elective Courses</b>		Creative Writing	Creative Writing	Creative Writing

# English I Honors- Summer Assignment

- There is a summer reading and writing assignment for Honors I English students



# Science

## 2 Years Required for Graduation

(1 Physical Science & 1 Life Science)

\*3 years recommended for Rigorous Core/College Entrance

### Physical Science

Earth & Space Science  
Earth & Space Science Honors  
Chemistry  
Physics

### Life Science

Biology  
Biology 1 Honors

### Grade 9 Required Science Options

*Earth & Space Science -or-  
Honors Earth & Space Science (Geometry/Math 1 Honors req) -or-  
Biology 1 Honors (Geometry/Math 1 Honors req) -or-  
Physics 1 (Math 2 Honors req)*

### Grade 10 Required Science Options

*Biology 1 -or-  
Biology 1 Honors -or-  
Chemistry 1-or-  
Physics 1*

*You can take additional elective  
Science options as well!*

General Science	Environmental Sciences	Physical Science/ Engineering	Health/Medical
<b>9th Grade</b>	<b>9th Grade</b>	<b>9th Grade</b>	<b>9th Grade</b>
Earth & Space Science Honors Earth & Space Science	Earth & Space Science Honors Earth & Space Science	Honors Earth & Space Science -or- Physics 1 (Math 2 Req)	Honors Biology 1 (Math 1 req) Principles of Biomed rec.
<b>10th Grade</b>	<b>10th Grade</b>	<b>10th Grade</b>	<b>10th Grade</b>
Biology 1 Honors Biology 1	Biology 1 Honors Biology 1 AND- Chemistry 1	Chemistry & Biology 1 Optional- Biology 1 Honors, AP Physics 1	Chemistry AP Biology -or- Biology 2 Human Body Systems rec.
<b>11th Grade</b>	<b>11th Grade</b>	<b>11th Grade</b>	<b>11th Grade</b>
Chemistry Physics Biology 2 AP Environmental Science	AP Biology or Biology 2 AND- AP Environmental Science	AP Physics 1 AP Physics 2 or C Optional AP Chemistry	Biology 2 -or-AP Biology Chemistry -or- AP Chemistry Bio Med 3 rec.
<b>12th Grade</b>	<b>12th Grade</b>	<b>12th Grade</b>	<b>12th Grade</b>
Chemistry Physics Biology 2 AP Environmental Science Science Seminar AP Science Options	Science Seminar AP Chemistry AP Physics 1 AP Biology	AP Physics 2 or C Science Seminar AP Chemistry	AP Chemistry Physics -or- AP Physics 1 Science Seminar Bio Med 4 rec.
<p><i>Please understand these pathways are just guides and designed to help you plan a sequence of courses that will prepare you for specific career clusters. We encourage you to take any science electives that you are interested in as long as you meet the prerequisites for that course.</i></p>			
<p><b><u>Elective Course Suggestions</u></b> <i>These courses meet rigorous core for university studies</i></p>	<p><b><u>Grade 10</u></b> AP Biology; Biology 2; AP Physics 1; Chemistry</p>	<p><b><u>Grade 11</u></b> AP Biology; Biology 2; AP Chemistry; Chemistry; AP Environmental Sci; AP Physics 1, 2, or C;</p>	<p><b><u>Grade 12</u></b> AP Biology; Biology 2; AP Chemistry; Chemistry; AP Environmental Sci; AP Physics 1, 2, or C; Science Seminar</p>

# Honors Science Application

- If a student is interested in pursuing an option other than earth science they will need be in Geometry or Honors Math 1 or higher next year AND they will need to complete a 9<sup>th</sup> grade honors science application and turn it in with their registration form. Applications are currently available from 8<sup>th</sup> grade science teachers at CRA.



# World Languages

- French
- German
- Latin
- Spanish
  - Some colleges require 2, 3 or 4 years of a world language.
  - If earning a “B” or higher in Spanish I at CRA- proceed to Spanish II at CHS
  - A student must achieve a passing grade each semester in the sequence in order to continue on to the next semester.



# Physical Education/Health

**Graduation requirement for PE: 2 credits**

**Frosh PE: 1 Year (1 credit)**

- Freshman PE
- Freshman Weight Training

**Soph PE: (.5 credit)/Health: (.5 credit)**

**Elective Courses: Personal Wellness, Training/CPR, Foundational Fitness, Weight Training, Lifetime Sports, Unified PE, Health Careers**



## Textbook Center

- Students will to pick-up their schedules and check-out textbooks during Bruin Beginnings.
- **Reminder:** All fines will need to be cleared up prior to receiving your schedule and textbooks. Including textbook, library and other school related fines.







## Capital High Library

- Open 7 a.m. – 4 p.m. daily
- Two certified teacher-librarians who work with classroom teachers on research and projects
- Over 12,000 fiction and non-fiction books, 50 popular journals, and subscription databases
- We are part of the Montana School Library Shared Digital Collection – eBooks and audiobooks using the SORA app
- Daily lunchtime activities in our FABLAB & Sandbox (interactive classroom): coding, book clubs, retro arcade games, trivia, and more!



# Graduation Requirements

## Graduation Requirements

Students who complete the course requirements listed below **and** earn a minimum total of 23 credits will meet the requirements for graduation.



Course Type		Credits Required
ENG	English	4.0
SST	World Studies	1.0
USH	American Studies 1 (**)	1.0
AMG	American Studies 2 (**)	1.0
SCI	Science	2.0
MTH	Mathematics	3.0
HP	Human Performance	1.5
HE	Health Enhancement	0.5
FA	Fine Arts	1.0
VOC	Career and Technical Education	1.0
ELE	Electives*	7.0
<b>Total Credits Required</b>		<b>23.0</b>



*(\*\*) half credit of financial literacy/economics is imbedded into the American Studies 1 & 2 Curriculum (or AP USH/AP GOV)*

*If a student does not complete Jr/Sr social studies at CHS, Personal Finance will be required*

*\*Elective credits may be earned in classes from all content areas, including SCI, MTH, FA, VOC, etc.*



# Questions?

- **Who to contact? ([add helenaschools.org](http://add.helenaschools.org))**
- **CTE-Jessica Freeman [jfreeman@](mailto:jfreeman@)**
- **Fine Arts- Thomas Baty [tbaty@](mailto:tbaty@)**
- **PE- Reg Hageman [rhageman@](mailto:rhageman@)**
- **English- Sue Baranek [sbaranek@](mailto:sbaranek@)**
- **World Languages- Sarah Van Stry [svanstry@](mailto:svanstry@)**
- **Special Education- Laura Ortman [lortman@](mailto:lortman@)**



## Contacts Continued:

- Math- Hollee Goody hgoody@
- Science- Tom Caffrey tcaffrey@
- Social Studies- Nick Zarnowski nzarnowski@