

*Senior Year:  
101*



# The Counseling Department

## Last Name of Student:

A - D Mr. Robinson 324-2493 jrobinson@helenaschools.org

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## Career & College Counselor

Ms. Aspen Herndon 324-2483 aherndon@helenaschools.org

## Counseling Secretary

Mr. Arin Herndon 324-2604 aherndon1@helenaschools.org

# Graduation Requirements

<u>Code</u>	<u>Credit Type</u>	<u># of Credits Required</u>
(ENG)	English	4
(SST)	Social Studies (World cultures)	1
(GOV)	American Government	1
(USH)	American History	1
(SCI)	Science	2
(MTH)	Math	3
(HP)	Human Performance	1.5
(HE)	Health	0.5
(FA)	Fine Arts	1
(VOC)	Career and Tech Ed	1
<u>(ELE)</u>	<u>Electives</u>	<u>7</u>
Total		23

◇ *Any class above Grad requirements counts as Electives, no matter the code*



# Understanding Your Transcript

Classes  
Are Coded to  
Match  
Grad Req's

Subj	Course Title	Mark:	S1 Cr	Mark:	S2 Cr	Subj	Course Title	Mark:	S1 Cr	Mark:	S2 Cr	Academic Summary							
<b>15-16 C.R. Anderson Middle School</b>												Total GPA: 4.000	Class rank is 1 of 322						
MTH	Algebra	A	0.50	A	0.50	Credits Earned						Earned Credit Hours: 21.00	Req. For Graduation: 23.00						
ELE	Spanish I	A	0.50	A	0.50														
<b>16-17 Capital High School</b>												ACT						Test Scores	
ENG	English 1 Honors	A	0.50	A	0.50													Date: 04/30/2019	Date: 04/30/2019
SST	World Cultures	A	0.50	A	0.50													Composite: 36	Composite: 36
MTH	Math 1 Honors	A	0.50	A	0.50													English: 36	English: 36
SCI	Earth Science Hon	A	0.50	A	0.50													Math: 34	Math: 34
ELE	Spanish 2	A	0.50	A	0.50													Reading: 36	Reading: 36
HP	Personal Wellness S1	A	0.50															Writing Sub: 09	Writing Sub: 09
HP	Personal Wellness S2			A	0.50													Writing Combined:	Writing Combined:
ENG	English 2 Honors	A	0.50	A	0.50	Science: 36	Science: 36												
MTH	Math 2 Honors	A	0.50	A	0.50	ELA: 32	ELA: 32												
SCI	Biology 1 Honors	A	0.50	A	0.50	STEM: 35	STEM: 35												
SCI	Chemistry 1	A	0.50	A	0.50	SAT													
ELE	Spanish 3	A	0.50	A	0.50	Date: 00/00/0000	Date: 00/00/0000												
VOC	Money Management	A	0.50	A	0.50	Total:	Total:												
HP	Soph HP PE	A	0.50			Critical Reading:	Critical Reading:												
HE	Health Enhancmt			A	0.50	Math:	Math:												
<b>18-19 Capital High School</b>						Writing:	Writing:												
ENG	English 3 AP	A	0.50	A	0.50	Montana University System Writing Assessment													
USH	Amer History AP	A	0.50	A	0.50	Date: 00/00/0000	Writing: 0.0												
MTH	Pre Calc Honors	A	0.50	A	0.50	Work In Progress													
SCI	Biology AP	A	0.50	A	0.50	Subj	Course Title	Credits											
ELE	Spanish 4	A	0.50	A	0.50	<b>19-20 Capital High School</b>													
FA	Photo 1 Sem 1	A	0.50			AMG	Amer Govt AP												
FA	Photo 2 Sem 2			A	0.50	AMG	Amer Govt AP												
						Mth	AP Calculus AB												
						Mth	AP Calculus AB												
						SCI	AP Environmental Science												
						SCI	AP Environmental Science												
							Assistant Sci												
							Assistant Sci												
						ENG	Eng IV/Colleg												
						ENG	Eng Lit 110												
						ELE	Spanish 5 AP												
						ELE	Spanish 5 AP												

Class  
Rank  
and  
GPA

ACT/SAT  
Scores

Classes are  
graded for  
Semesters  
only

AP=Adv Placement W=19th Grade E=18th Grade M=17th Grade Medical/Medical Center

	03/08/2002	04/08/2002	07/12/2002	06/23/2003	07/27/2007
...	03/08/2002	04/18/2002	01/17/2003	06/23/2003	
HPB	07/27/2007	07/22/2008			
HPV	02/04/2002	05/20/2002	07/12/2002		
IPV	07/09/2014	09/09/2014			
MCV	03/08/2002	04/08/2002	01/17/2003	06/23/2003	07/27/2007
MENB	07/09/2014				
MMP					
MMR	03/27/2003	07/27/2007			
MSL					
PCV	05/20/2002				
ROT					
RUB					
TDP	07/09/2014				
VAR	03/27/2003	07/27/2007			

Immunization  
Record

Transcript is official if signed by school and imprinted with seal.

School

Official's Signature \_\_\_\_\_ Date: 9/17/19

# Graduation Progress Tracker

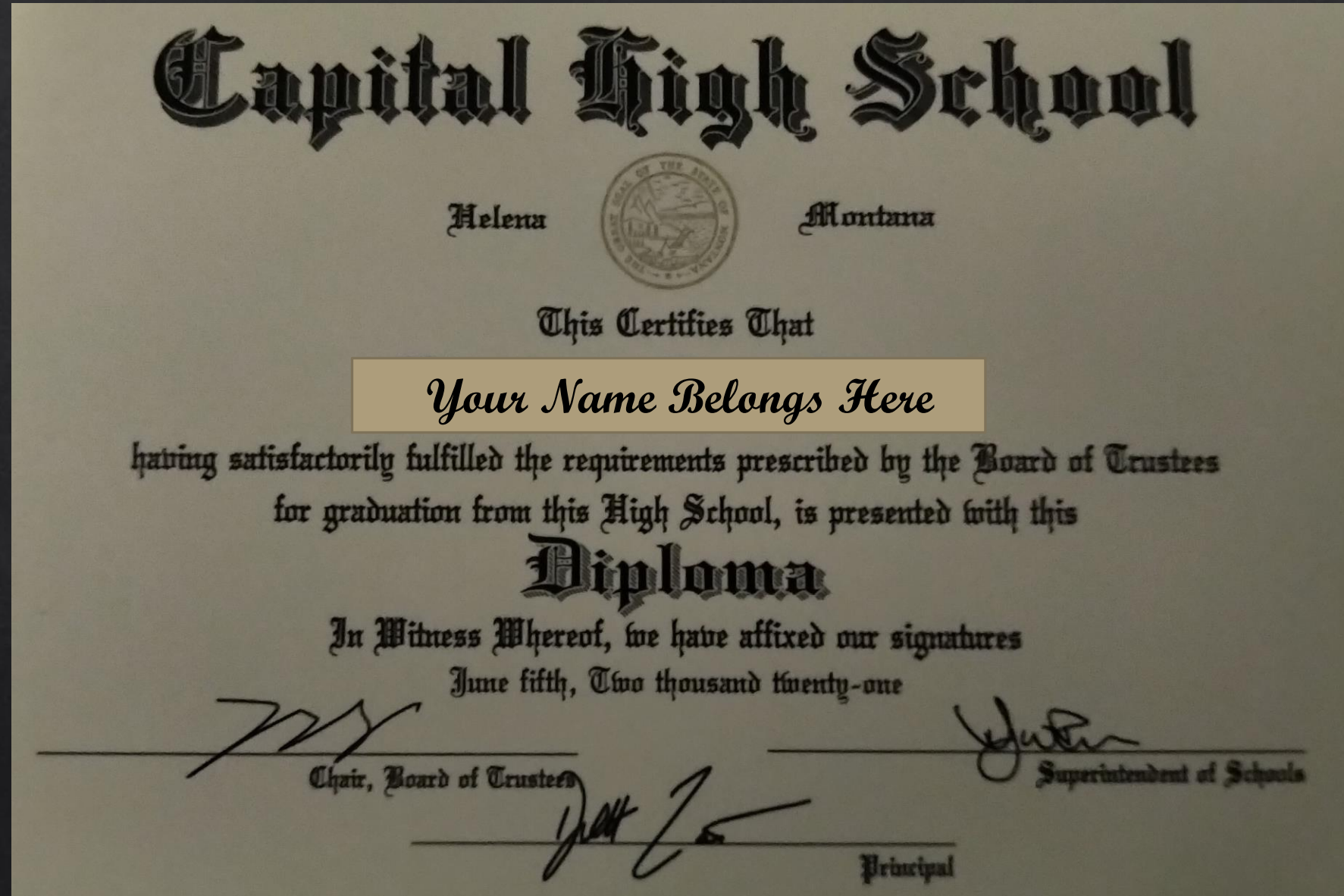
Requirement	Req	Completed	Current	Needed
<b>English</b>	<b>4.00</b>	<b>3.00</b>		<b>1.00</b>
English	4.00	English 1 <i>1.00</i> English 2 Honors <i>1.00</i> English 3 AP <i>1.00</i>	WRIT 101A College Writing	1.00
<b>Social Studies</b>	<b>1.00</b>	<b>1.00</b>		<b>Completed</b>
Social Studies	1.00	World Cultures <i>1.00</i>		Completed
<b>Math</b>	<b>3.00</b>	<b>3.00</b>		<b>Completed</b>
Math	3.00	Math 2 Honors <i>1.00</i> Pre Calc Honors <i>1.00</i> AP Calculus AB <i>1.00</i>		Completed
<b>Science</b>	<b>2.00</b>	<b>2.00</b>		<b>Completed</b>
Science	2.00	Earth Science Hon <i>1.00</i> Biology AP <i>1.00</i>		Completed
<b>Physical Ed</b>	<b>1.50</b>	<b>1.50</b>		<b>Completed</b>
Physical Ed	1.50	Soph HP PE <i>0.50</i> Frosh Weight Trn <i>1.00</i>		Completed
<b>Health</b>	<b>0.50</b>	<b>0.50</b>		<b>Completed</b>
Health	0.50	Health Enhancmt <i>0.50</i>		Completed
<b>Vocational Ed</b>	<b>1.00</b>	<b>1.00</b>		<b>Completed</b>
Vocational Ed	1.00	Drafting <i>1.00</i>		Completed
<b>Fine Arts</b>	<b>1.00</b>	<b>1.00</b>		<b>Completed</b>
Fine Arts	1.00	Tech Theater <i>1.00</i>		Completed
<b>American Government</b>	<b>1.00</b>	<b>0.00</b>		<b>1.00</b>
American Government	1.00		American Govt	1.00

# Earning Your Diploma

*We must put the official legal name on your Transcript and Diploma*

*Does it match your driver's license/birth certificate?*

*When filling out applications, please use your legal name*



# B.E.A.R. Award

Bruin Educational Achievement Recognition or B.E.A.R. for short.

To be eligible for the recognition, students must complete the following

- 10 or more Honors, Advanced Placement, or Accelerated courses
- Earn a B or better in all 10 courses
- 7 of the 10 courses must be from core academic areas (English, Math, Social Studies, Science, or Foreign Language)
- Graduate with a minimum of 26 credits
- Cumulative GPA of 3.5 or above
- No outstanding disciplinary issues
- Be involved in 2 school related activities
- Complete an application senior year.

Application is in the career center, check with your counselor if you have questions

**APPLICATION IS DUE MARCH 1<sup>st</sup>**



# Advanced Placement

- ◆ Your AP teachers have or will be giving you your AP join codes.
  - ◆ You need to sign up for your College Board AP account ASAP and make sure you are listed in the correct courses.
  - ◆ Registration will start October 1st
- ◆ The deadline to register for AP exams will be October 27<sup>th</sup>.
  - ◆ Exams are \$100, there is a fee \$40 for late sign up or dropping
  - ◆ We will follow the standard AP exam schedule with paper exams.
  - ◆ Exams will be between May 1<sup>st</sup> - May 12<sup>th</sup>.
  - ◆ Check your AP Central account for your specific test date.





# AP Course Transfer Credits

**Did you know there is a way to see how every college will accept your AP scores?**

<https://apstudents.collegeboard.org/getting-credit-placement/search-policies>

You can search colleges you are interested in attending and it will list all AP classes, the score needed, and the college course they will give you credit for, and the number of credits they will award you.

Here is an example

Montana State

English Language- Score needed 4, Writing 101 3 credits

English Literature- Score needed 3, Lit 110 3 credits

University of Montana

English Language- Score needed 3, Writing 101 6 credits

English Literature- Score needed 4, Lit 110 6 credits

Carroll College

English Language- Score needed 5, Eng Writ 102 4 credits

English Language- Score needed 4, Eng Writ 101 3credits

English Literature- Score needed 4, Eng Lit 215 3 credits



**Will My Credits Transfer?** Answering  
Common Questions Transfer Students Ask



# Transcript Requests

- ◆ Helena Public Schools has partnered with Parchment to deliver secure electronic transcripts to colleges.
- ◆ While you are still enrolled at CHS it will be free to use the parchment service.
- ◆ You will need to register for a parchment account on [parchment.com](https://parchment.com)
  - ◆ Make sure you use your legal name and a personal email address to link your account

## ORDER YOUR TRANSCRIPT

IN THREE EASY STEPS

### 1 Register For Your Free Account

If you received a registration code handout, go to [parchment.com/register](https://parchment.com/register).  
If you received an email, just click the link

1. Visit [Parchment.com](https://parchment.com)
2. Find your school
3. Build your profile



### 2 Request Your Transcript

1. Choose Order
2. Select Destinations such as colleges, Common App or yourself
3. Review your Order and Check Out

### 3 Track Your Transcript

1. Watch your email for updates
2. Log in to Parchment for more details



Need Help?

Visit [support.parchment.com](https://support.parchment.com) today!

-  Request and Track Transcripts
-  Explore Colleges
-  Analyze Admissions Data

COLLEGE, HERE I COME! 



Graduation is the start,  
not the finish line!



# CHS Career Center

**Ms. Aspen Career Counselor offers the following services**

## **Job Opportunities**

<https://chs.helenaschools.org/departments/counseling-and-career-center/>

## **College and Military Visits**

Post by senior wall & on our social medial accounts

## **Scholarship Searches**

<https://chs.helenaschools.org/departments/counseling-and-career-center/>

## **Letters of Recommendation**

How many do I need? Who should I ask?

## **College/Personal Essay**

How to bolster your college, military, or employee application

Services offered: Internships, careers, college searches, scholarships, financial aid, and other post-secondary opportunities.

# Helena Summer Jobs Program

**Helena Area Summer Jobs Program  
helps students develop work skills,  
explore career options,  
and connect with a mentor**

<https://www.americanjobs4youth.org/hsjp>

The HSJP program matches students with a job or paid internship, provides a paid foundational work skills training, and connects students with an adult mentor for the summer. HSJP participants are high school age youth and recent graduates eager to develop their work skills and explore their career options. The program expands access to high quality summer work experiences for students of Lewis & Clark and Broadwater Counties. Participating area businesses and community organizations help strengthen the local economy by connecting youth to meaningful work experiences.



HELENA AREA  
**SUMMER JOBS PROGRAM**  
A VENTURE OF AJAY MT

# Not sure where to start?

**Use Montana Career Information System!**

**Research Careers**

**Interest Inventories**

**College Searches**



The screenshot shows the MCIS website interface. At the top, the logo for MCIS (Montana Career Information System) is on the left, and the Montana Department of LABOR & INDUSTRY logo is on the right. Below the logos is a navigation menu with links for HOME, ABOUT US, WHAT'S NEW, PRODUCTS, TECHNICAL SUPPORT, PARTNERS, and PRIVACY POLICY. The main content area features a large image of a diverse group of young professionals in various careers. Below this image is a section titled "Your Future Begins Now" with a photo of two smiling students. To the right of this section is a login area with tabs for "MCIS Login" and "MT Resident Login". The login form includes fields for "Username" and "Password", a "LOG IN" button, and a "Log in with Clever" button. A link for "Forgot your username or password?" is also present.



# Fall College to do list

- \* Start Letters of Recommendation: (3) Request these letters with at least a 2-week notice, forms available in Career Center.
- \* Start working on your college application essays: Have a teacher read and discuss the essays with you.
- \* Create an account with [applymontana.mus.edu](http://applymontana.mus.edu) for Montana college application submissions
- \* Participate in College Application Week: October 2<sup>nd</sup>-6<sup>th</sup>
- \* Meet with Ms. Aspen to discuss scholarships, financial aid, and admissions questions.
- \* Create a FSA ID and FAFSA account

# College Visits/ Recruiters

Each CHS Student is allowed 2 excused absences of college visits each year

1. Parent excuse student prior to absence.
2. Obtain written verification from college official and give to CHS attendance. Absence will be changed to School Related.

College Reps are also visiting CHS often in the Career Center

1. Listen to the announcements, follow our social media accounts, NextGrad Screen in the foyer, or check the Counseling Department page for announced visits.
2. Sign-up ahead of time in counseling office.
3. Counseling office will send pass to attend.

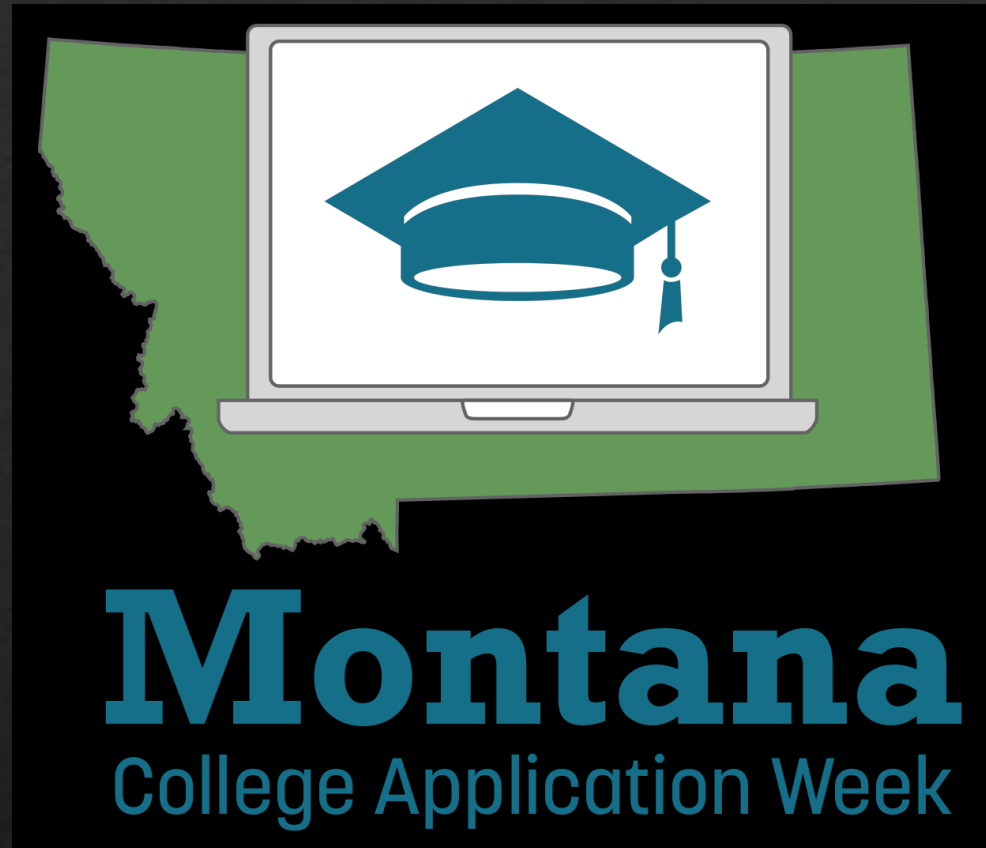


# *College Application Week*

*October 2– October 6*

During CAW, you can make an appointment with the career center to get help with your college applications

Students will be able to apply to any college in Montana for free during CAW week  
(public and private schools)



# Apply Montana

All public colleges in Montana now have 1 central application that you can apply for 1 to 16 schools for FREE! Anytime!

As long as you use the Apply MT portal, and not the school specific sites, the application fee is waived.

You can also use the page to search which schools offer what majors, so you are applying for the correct schools.

[applymontana.mus.edu](https://applymontana.mus.edu)



## The sky is the limit

16 colleges. 1 application.  
\$0 for Montanans

APPLY NOW

# Montana University System (MUS)

**To be enrolled in a 4yr. Montana Public University you must have 1 of the following**

**2.5 GPA**

**or**

**Rank in top 1/2 of class**

**or**

**Test scores**

**•MSUB, MSU, UM, Tech, Western      ACT 22**

**•MSUN                                      ACT 20**

**And**

**College Prep curriculum**

**Rigorous Core = 3 years of math through Algebra II, an additional lab science, 3 years of concentrated electives ([http://mus.edu/Prepare/Pay/Scholarships/MUS\\_Honor\\_Scholarship.asp](http://mus.edu/Prepare/Pay/Scholarships/MUS_Honor_Scholarship.asp))**

The Montana Board of Regents of Higher Education has ended the requirement that students provide ACT or SAT test scores for admission to its campuses. **This change is effective immediately and for the foreseeable future. If you have ACT or SAT test scores, please submit them. These scores can be used in place of a supplemental assessment administered through MUS to determine math and English placement.**

# MUS PROFICIENCY STANDARDS

## MATH PROFICIENCY

ACT 22 or SAT 27  
.5 Math subtest or

3 or above on AP Calc or

Grades of C or higher in 4 yrs HS  
Math (beginning with Algebra I)

## WRITING PROFICIENCY

ACT ELA Score if 18 or

ACT Writing score of 19 or

SAT writing and language  
score of 25

\* If you do not meet these you will be offered a provisional admission

# ACT BENCHMARK DATA

ACT College Readiness Benchmarks		
College Course	ACT Subject Area Test	ACT Benchmark
College Writing	English	18
College Algebra	Math	22
Social Sciences	Reading	22
Biology	Science	23

ACT Data shows that students who meet or exceed these benchmarks have a 50% chance to get a B in their college course and a 75% chance to pass with a C (must obtain a C in college courses to be awarded credit)

# Provisional Admission

Provisional admission is granted to students scoring 18-21 on ACT and 440-510 on SAT mathematics tests. A 5-6 on ACT or SAT essays is also accepted.

Students who don't meet the writing and math proficiency standards are admitted to 4-year universities on a provisional basis. Students who are provisionally admitted can gain full admittance by:

- \*Earning a "C" or better in developmental courses preparing students for college level course work (must be done within the first three semesters); or

- \*Earning satisfactory scores on individual campus math placement exams;

or

- \*Completion of an associate of arts or associate of science degree.

# *ACT and SAT Online Accounts:*

If you would like to improve your test scores you will need to sign up through the testing services websites and take a weekend exam. If you need financial assistance to retake, please see your counselor.



**Go to the ACT Student web page to create your account and to register for a National Test. [ACT.org](https://www.act.org)**



**Use your College Board account. Same one for PSAT and/or AP Testing.**

**SAT is another option for a standardized test for college placement and scholarship consideration.**

# Other Options- 2 Yr. Schools to start

## **Open Admission**

Two-year colleges in the MUS offer open admissions that do not require the academic standards listed above.

However, certain programs (such as nursing) have admission standards.

A high school degree or HiSet (GED) is required for admission to all degree programs.



# FAFSA

*(Free Application for Federal Student Aid)*

***Why FAFSA? This is how you get a student loan or grant.***

Step One: Create a FAFSA ID. The student and one parent/guardian will need a username and password.

Step Two: Complete the FAFSA application online.

Important Dates:      October 1<sup>st</sup> (application opens)  
   December 1<sup>st</sup> (priority filing date for most schools)

*Even if you think you won't qualify for assistance, you should still complete the FAFSA because many scholarships or school programs require it.*

Need Help?  
Text FAFSAHELP to  
41411



# FSA ID

Step 1 in completing the FAFSA is creating a FSA ID  
The student and at least 1 parent must create an ID

Will be something you will use for the entirety of your work with Financial Aid, from start of college all the way through finishing paying off your loans.

For that reason, use an email address you will keep and not your @helenastudent.org one.

To speed up the FAFSA process, its best to create the FSA ID now.

To create your ID go to

**[fsaid.ed.gov](https://fsaid.ed.gov)**



# FAFSA Information

The FAFSA is the Free Application for Federal Student Aid

**You can start filling out the FAFSA starting on October 1<sup>st</sup>**

- You now use what they call prior prior tax information, so for the 2022 school year, you need your 2020 tax information.

When you create your FSA ID, for most of you, your tax information can be automatically imported from the IRS through a data retrieval tool. The data is secure and masked and by using the tool you are less likely to be flagged for income verification from the college financial aid office.

**All schools in Montana have a December 1<sup>st</sup> Priority deadline.**

- They start giving out grant and work study money at this time and once those types of aid are gone, they are gone. It is in your best interest to file early.
- You can choose multiple schools if you are unsure where you are going, and each will put together an aid package for you (which helps you be a better consumer).

# FAFSA WORKSHOP

The CHS Counseling Departments will be hosting a FAFSA Workshop, with help from Carroll College, Helena College, and Reach Higher Montana

**11/19**

**5:30-7 PM**

**Library**

Bring your 2023 tax documents and get help from FAFSA professionals filling out the forms.  
Great help for first timers!

# Scholarships

- ◇ Academic (GPA, Test Scores)
- ◇ Institution based- (merit or degree specific)
- ◇ Need Based (based on parents' income)
- ◇ Employer Based (where you or your parents work)
- ◇ Identity Based (groups you identify with, religion, orientation, etc.)
- ◇ Service Based (Volunteer experiences)
- ◇ Talent Based (athletics, music, theater, etc.)
- ◇ Military Based (ROTC, GI Bill)

◇ *Scholarship search tools and services-*

*Fast Web*

*College Green Light*

*JLV College Counseling*

*Reach Higher Montana*

Our Scholarship Page

<https://chs.helenaschools.org/departments/counseling-and-career-center/>

# Looking out-of-state?

## Tools to consider:

### College Board Big Future

Pay for College tab; CSS Profile

### WUE (Western Undergraduate Exchange Program)

Student pays 150% of in-state tuition.

Questbridge (high achieving, low-income students; 4 year full-tuition to a partner school).

Income threshold, less than \$65,000. Application due by 9/29/2020.



# College Athletics

**If you plan to play college sports, you will need to create an eligibility account.**

**NAIA Athletes**

**[www.playnaia.org](http://www.playnaia.org)**

**NCAA Athletes**

**[www.ncaaeligibilitycenter.org](http://www.ncaaeligibilitycenter.org)**

**NCAA eligibility requires 16 core classes from  
Eng/SS/Math/Sci/FL**

# Military

<https://www.todaymilitary.com/> Quick link for info about all military options

## Air Force ROTC

2d Lieutenant Dalton Scheel (385) 364-8884

[dalton.Scheel.1@us.af.mil](mailto:dalton.Scheel.1@us.af.mil)

## Army National Guard

SSG Branden Watts (406) 594-4853

[branden.b.watts.mil@mail.mil](mailto:branden.b.watts.mil@mail.mil) or [www.MontanaGuard.net](http://www.MontanaGuard.net)

## Marines & Navy

Sergeant Brenden J. Pennington (406) 442-3871

[Brenden.Pennington@marines.usmc.mil](mailto:Brenden.Pennington@marines.usmc.mil)





# New Program for Service Members

Starting the fall of 2020

Qualifying members of the Montana National Guard and the Montana Air National Guard have been approved for full tuition waivers to all public Montana Colleges in the Montana University System

According to the policy, “This new mandatory tuition waiver will augment existing G.I. Bill and Tuition Assistance entitlements for Montana National Guard members, allowing them to receive financial aid packages that cover 100 percent of the cost of tuition in the Montana University System.”

This supplementary benefit is a tuition specific waiver and does not include fees associated with coursework or programming.



# Apprenticeships

Students who are completing the CHS Pre-Apprenticeship program need to be working with Mr. Canney or Mr. Kain to create the documentation and appropriate paperwork.

If you have not participated in our pre-apprenticeship program, but are interested in learning more about apprenticeship opportunities post high school, please visit

<https://apprenticeship.mt.gov/>

Apprenticeships are great options for career advancement and training.

Apprentices who complete their program earn an average of over \$63,000 annually, \$20,000 higher than the statewide average wage. After a 30-year career, that's a \$600,000 dollar difference, not even accounting for raises along the way. You'll start earning a paycheck the first day of your apprenticeship and are employed throughout your entire training program.

# CHS Pre-Apprenticeship Pathway

Students who have completed any of the classes below can register their hours with the MT Dept of Labor Apprentice Program and even if you don't start for years, they are there if you ever switch to a trade.

Capital High School Approved Pre-Apprenticeship Courses/Hours					
CHS Courses			CHS Activities/Certifications		
Course #	Course Name	Max Hours	Additional Hours That Can Be Earned at CHS		
7100	Industrial Tech	150		OSHA 10	10
7102	Carpentry 1	300		SkillsUSA	30
7190	Carpentry 2	300		NAHB	30
7173	Carpentry 3	300	Total Hours Earned at CHS		2170
7410	Drafting 1	150			
7163	Drafting 3-Arch	150			
7230	Welding 1	150	Supplemental Dual Credit Courses		
7240	Welding 2	300	1459	Technical Writing	150
7250	Welding 3	300	3356	Technical Math	150
Total Classroom Hours		2100	Max Potential Hours at CHS		2470

# CHS Pre-Apprenticeship Program

**Apprenticeship programs require members to complete career specific training as well as on the job training hours. Hourly wage is dependent on where apprentices are within the apprenticeship program.**

**The CHS pre-apprentice program can lead to apprenticeships in construction, electrical, or plumbing fields. Additional construction related fields may be able to count hours depending on apprentice sponsor approval.**

Typical Electrician Apprentice Pay Scale			
1 <sup>st</sup> Band	0-1000 Hours	\$18/Hour	or 40% of Journey Worker Wage
2 <sup>nd</sup> Band	1001-2000 Hours	\$22.5/Hour	or 50% of Journey Worker Wage
3 <sup>rd</sup> Band	2001-3500 Hours	\$27/Hour	or 60% of Journey Worker Wage
4 <sup>th</sup> Band	3501-5000 Hours	\$31.50/Hour	or 70% of Journey Worker Wage
5 <sup>th</sup> Band	5001-6500 Hours	\$36/Hour	or 80% of Journey Worker Wage
6 <sup>th</sup> Band	6501-8000 Hours	\$40.5/Hour	or 90% of Journey Worker Wage
Journeyman	8000 hours completed	\$45/Hour	

# Senior Yearbook

Senior Pictures Due - October 28th  
Email: [capitaldomeyearbook@gmail.com](mailto:capitaldomeyearbook@gmail.com)

Senior Ads due on October 28th

Yearbook Prices increase from \$70 to \$80 on  
October 28th

Ads and Yearbooks can be purchased on  
[www.yearbookforever.com](http://www.yearbookforever.com) or Capital Revtrak  
system under extras.

Any questions email:  
[capitaldomeyearbook@gmail.com](mailto:capitaldomeyearbook@gmail.com)



*Tomorrow you will get the forms to order  
Graduation Supplies*



***Travis Belcher***  
***443-3844***

***Travis.belcher@Jostens.com***

***Jostens.com***  
***Search Capital High School***

# Keep Up with US!

## CHS Counseling Dept. Website

<https://chs.helenaschools.org/departments/counseling-and-career-center/>

## CHS Counseling Facebook

<https://www.facebook.com/BruinCounseling>

## CHS Counseling Twitter

@BruinCounseling

## CHS Counseling Instagram

@BruinCounseling



# Graduation!

Saturday, June 7th at 8am

Carroll College

