

*Senior Year:
101*



The Counseling Department

Last Name of Student:

A - D	Mr. Robinson	324-2493	jrobinson@helenaschools.org
E -K	Mrs. Meldrum	324-2491	dmeldrum@helenaschools.org
L-Ri	TBD	324-2492	
Temporary breakdown			
L-Mi	Mrs. Meldrum		
Mo-Ri	Mr. Robinson		
Ro-Z	Ms. Hamper	324-2490	champer@helenaschools.org
Career Counselor	Ms. Aspen Herndon	324-2483	aherndon@helenaschools.org
Counseling Secretary	Mr. Arin Herndon	324-2604	aherndon1@helenaschools.org

Graduation Requirements

<u>Code</u>	<u>Credit Type</u>	<u># of Credits Required</u>
(ENG)	English	4
(SST)	Social Studies (World cultures)	1
(GOV)	American Government	1
(USH)	American History	1
(SCI)	Science	2
(MTH)	Math	3
(HP)	Human Performance	1.5
(HE)	Health	0.5
(FA)	Fine Arts	1
(VOC)	Career and Tech Ed	1
<u>(ELE)</u>	<u>Electives</u>	<u>7</u>
Total		23

◇ *Any class above Grad requirements counts as Electives, no matter the code*



Understanding Your Transcript

Classes
Are Coded to
Match
Grad Req's

Subj	Course Title	Mark:	S1 Cr	Mark:	S2 Cr	Subj	Course Title	Mark:	S1 Cr	Mark:	S2 Cr	Academic Summary			
15-16 C.R. Anderson Middle School						Credits Earned						Total GPA: 4.000		Class rank is 1 of 322	
MTH	Algebra	A	0.50	A	0.50							Earned Credit Hours: 21.00		Req. For Graduation: 23.00	
16-17 Capital High School						Classes are graded for Semesters only						Test Scores			
ELE	Spanish I	A	0.50	A	0.50							ACT		ACT	
ENG	English 1 Honors	A	0.50	A	0.50							Date: 04/30/2019		Date: 04/30/2019	
SST	World Cultures	A	0.50	A	0.50							Composite: 36		Composite: 36	
MTH	Math 1 Honors	A	0.50	A	0.50							English: 36		English: 36	
SCI	Earth Science Hon	A	0.50	A	0.50							Math: 34		Math: 34	
ELE	Spanish 2	A	0.50	A	0.50							Reading: 36		Reading: 36	
HP	Personal Wellness S1	A	0.50									Writing Sub: 09		Writing Sub: 09	
HP	Personal Wellness S2			A	0.50							Writing Combined:		Writing Combined:	
17-18 Capital High School												ACT/SAT Scores			
ENG	English 2 Honors	A	0.50	A	0.50	Date: 00/00/0000		Date: 00/00/0000							
MTH	Math 2 Honors	A	0.50	A	0.50	Total:		Total:							
SCI	Biology 1 Honors	A	0.50	A	0.50	Critical Reading:		Critical Reading:							
SCI	Chemistry 1	A	0.50	A	0.50	Math:		Math:							
ELE	Spanish 3	A	0.50	A	0.50	Writing:		Writing:							
VOC	Money Management	A	0.50	A	0.50	Montana University System Writing Assessment Date: 00/00/0000 Writing: 0.0									
HP	Soph HP PE	A	0.50												
HE	Health Enhancmt			A	0.50										
18-19 Capital High School															
ENG	English 3 AP	A	0.50	A	0.50	Work In Progress									
USH	Amer History AP	A	0.50	A	0.50										
MTH	Pre Calc Honors	A	0.50	A	0.50										
SCI	Biology AP	A	0.50	A	0.50										
ELE	Spanish 4	A	0.50	A	0.50										
FA	Photo 1 Sem 1	A	0.50												
FA	Photo 2 Sem 2			A	0.50										
19-20 Capital High School															
AMG	Amer Govt AP														
AMG	Amer Govt AP														
Mth	AP Calculus AB														
Mth	AP Calculus AB														
SCI	AP Environmental Science														
SCI	AP Environmental Science														
	Assistant Sci														
	Assistant Sci														
ENG	Eng IV/Colleg														
ENG	Eng Lit 110														
ELE	Spanish 5 AP														
ELE	Spanish 5 AP														

Class
Rank
and
GPA

ACT/SAT
Scores

Classes are
graded for
Semesters
only

AP=Adv Placement W=19th Grade E=18th Grade M=17th Grade Medical/Med Course

	03/08/2002	04/08/2002	07/12/2002	06/23/2003	07/27/2007
...	03/08/2002	04/18/2002	01/17/2003	06/23/2003	
HPB	07/27/2007	07/22/2008			
HPV	02/04/2002	05/20/2002	07/12/2002		
IPV	07/09/2014	09/09/2014			
MCV	03/08/2002	04/08/2002	01/17/2003	06/23/2003	07/27/2007
MENB	07/09/2014				
MMP					
MMR	03/27/2003	07/27/2007			
MSL					
PCV	05/20/2002				
ROT					
RUB					
TDP	07/09/2014				
VAR	03/27/2003	07/27/2007			

Immunization
Record

Transcript is official if signed by school and imprinted with seal.
School _____
Official's Signature _____ Date: 9/17/19

Graduation Progress Tracker

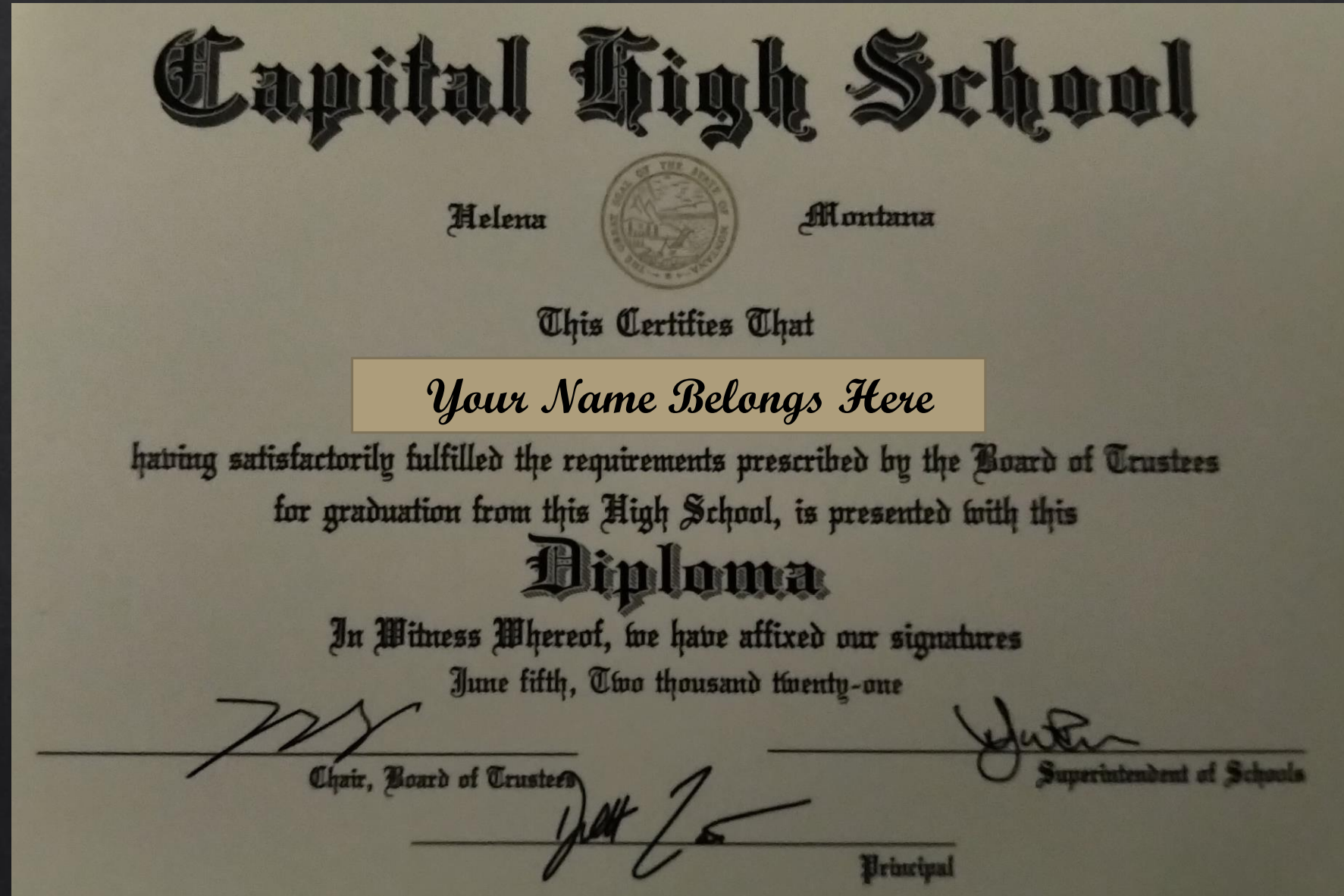
Requirement	Req	Completed	Current	Needed
English	4.00	3.00		1.00
English	4.00	English 1 <i>1.00</i> English 2 Honors <i>1.00</i> English 3 AP <i>1.00</i>	WRIT 101A College Writing	1.00
Social Studies	1.00	1.00		Completed
Social Studies	1.00	World Cultures <i>1.00</i>		Completed
Math	3.00	3.00		Completed
Math	3.00	Math 2 Honors <i>1.00</i> Pre Calc Honors <i>1.00</i> AP Calculus AB <i>1.00</i>		Completed
Science	2.00	2.00		Completed
Science	2.00	Earth Science Hon <i>1.00</i> Biology AP <i>1.00</i>		Completed
Physical Ed	1.50	1.50		Completed
Physical Ed	1.50	Soph HP PE <i>0.50</i> Frosh Weight Trn <i>1.00</i>		Completed
Health	0.50	0.50		Completed
Health	0.50	Health Enhancmt <i>0.50</i>		Completed
Vocational Ed	1.00	1.00		Completed
Vocational Ed	1.00	Drafting <i>1.00</i>		Completed
Fine Arts	1.00	1.00		Completed
Fine Arts	1.00	Tech Theater <i>1.00</i>		Completed
American Government	1.00	0.00		1.00
American Government	1.00		American Govt	1.00

Earning Your Diploma

We must put the official legal name on your Transcript and Diploma

Does it match your driver's license/birth certificate?

When filling out applications, please use your legal name



B.E.A.R. Award

Bruin Educational Achievement Recognition or B.E.A.R. for short.

To be eligible for the recognition, students must complete the following

- 10 or more Honors, Advanced Placement, or Accelerated courses
- Earn a B or better in all 10 courses
- 7 of the 10 courses must be from core academic areas (English, Math, Social Studies, Science, or Foreign Language)
- Graduate with a minimum of 26 credits
- Cumulative GPA of 3.5 or above
- No outstanding disciplinary issues
- Be involved in 2 school related activities
- Complete an application senior year.

Application is in the career center, check with your counselor if you have questions

APPLICATION IS DUE MARCH 1st



Dual Credit

Dual Credit Applications and CRN's will be distributed by Thursday this week.

Dual Credit Applications are due Tues/Wed (9/12-13th)

- If you are under 18 they must be signed by a parent
- All math courses require the math placement form

If you miss the 13th deadline, you have until Friday 9/15 to drive your application over to Helena College, after that date, applications will no longer be accepted.



One-Two Free Initiative

The Montana University System is offering qualifying students 2 dual enrollment courses for free (up to 6 credits)

The hope is to eliminate cost barriers for students to get a running start towards higher education

An estimated savings of \$1,190

* Scholarships available for students with financial need to get more for free.

Data suggests it

- Promotes Student Retention and Completion
- Reduces Remediation Rates
- Allows Students to Experience College Rigor
- Promotes College/Workforce Readiness



Advanced Placement

- ◆ Your AP teachers have or will be giving you your AP join codes.
 - ◆ You need to sign up for your College Board AP account ASAP and make sure you are listed in the correct courses.
 - ◆ Registration will start October 1st
- ◆ The deadline to register for AP exams will be October 27th.
 - ◆ Exams are \$100, there is a fee \$40 for late sign up or dropping
 - ◆ We will follow the standard AP exam schedule with paper exams.
 - ◆ Exams will be between May 1st - May 12th.
 - ◆ Check your AP Central account for your specific test date.



AP Course Transfer Credits

Did you know there is a way to see how every college will accept your AP scores?

<https://apstudents.collegeboard.org/getting-credit-placement/search-policies>

You can search colleges you are interested in attending and it will list all AP classes, the score needed, and the college course they will give you credit for, and the number of credits they will award you.

Here is an example

Montana State

English Language- Score needed 4, Writing 101 3 credits

English Literature- Score needed 3, Lit 110 3 credits

University of Montana

English Language- Score needed 3, Writing 101 6 credits

English Literature- Score needed 4, Lit 110 6 credits

Carroll College

English Language- Score needed 5, Eng Writ 102 4 credits

English Language- Score needed 4, Eng Writ 101 3credits

English Literature- Score needed 4, Eng Lit 215 3 credits



Transcript Requests

- ◆ Helena Public Schools has partnered with Parchment to deliver secure electronic transcripts to colleges.
- ◆ While you are still enrolled at CHS it will be free to use the parchment service.
- ◆ You will need to register for a parchment account on parchment.com
 - ◆ Make sure you use your legal name and a personal email address to link your account

ORDER YOUR TRANSCRIPT

IN THREE EASY STEPS

1 Register For Your Free Account

If you received a registration code handout, go to parchment.com/register.
If you received an email, just click the link

1. Visit [Parchment.com](https://parchment.com)
2. Find your school
3. Build your profile



2 Request Your Transcript

1. Choose Order
2. Select Destinations such as colleges, Common App or yourself
3. Review your Order and Check Out

3 Track Your Transcript

1. Watch your email for updates
2. Log in to Parchment for more details



Need Help?

Visit support.parchment.com today!

-  Request and Track Transcripts
-  Explore Colleges
-  Analyze Admissions Data

COLLEGE, HERE I COME! 



Graduation is the start,
not the finish line!



CHS Career Center

Ms. Aspen Career Counselor offers the following services

Job Opportunities

<https://chs.helenaschools.org/departments/counseling-and-career-center/>

College and Military Visits

Post by senior wall & on our social medial accounts

Scholarship Searches

<https://chs.helenaschools.org/departments/counseling-and-career-center/>

Letters of Recommendation

How many do I need? Who should I ask?

College/Personal Essay

How to bolster your college, military, or employee application

CHS College and Career Counselor

Ms. Aspen: New office in the counseling dept.

Hours available: 7:30 a.m. - 3:00 p.m.

Services offered: Internships, careers, college searches, scholarships, financial aid, and other post-secondary opportunities.

Helena Summer Jobs Program

**Helena Area Summer Jobs Program
helps students develop work skills,
explore career options,
and connect with a mentor**

<https://www.americanjobs4youth.org/hsjp>

The HSJP program matches students with a job or paid internship, provides a paid foundational work skills training, and connects students with an adult mentor for the summer. HSJP participants are high school age youth and recent graduates eager to develop their work skills and explore their career options. The program expands access to high quality summer work experiences for students of Lewis & Clark and Broadwater Counties. Participating area businesses and community organizations help strengthen the local economy by connecting youth to meaningful work experiences.



HELENA AREA
SUMMER JOBS PROGRAM
A VENTURE OF AJAY MT

Not sure where to start?

Use Montana Career Information System!

**Research Careers
Interest Inventories**

**Financial Aid
College Searches**



The screenshot shows the MCIS website interface. At the top, the logo for MCIS (Montana Career Information System) is displayed alongside the Montana Department of Labor & Industry logo. A navigation menu includes links for Home, About Us, What's New, Products, Technical Support, Partners, and Privacy Policy. Below the menu is a large banner image featuring a diverse group of young professionals in various career paths, such as construction, healthcare, and business. Underneath the banner, the text "Your Future Begins Now" is prominently displayed. To the right of this text is a login section with tabs for "MCIS Login" and "MT Resident Login". The login area contains fields for "Username" and "Password", a "LOG IN" button, and a "Log in with Clever" option. A link for "Forgot your username or password?" is also present.



Fall College to do list

- * Start Letters of Recommendation: (3) Request these letters with at least a 2-week notice, forms available in Career Center.
- * Start working on your college application essays: Have a teacher read and discuss the essays with you.
- * Create an account with applymontana.mus.edu for Montana college application submissions
- * Participate in College Application Week: October 2nd-6th
- * Meet with Ms. Aspen to discuss scholarships, financial aid, and admissions questions.
- * Create a FSA ID and FAFSA account

College Visits/ Recruiters

Each CHS Student is allowed 2 excused absences of college visits each year

1. Parent excuse student prior to absence.
2. Obtain written verification from college official and give to CHS attendance. Absence will be changed to School Related.

College Reps are also visiting CHS often in the Career Center

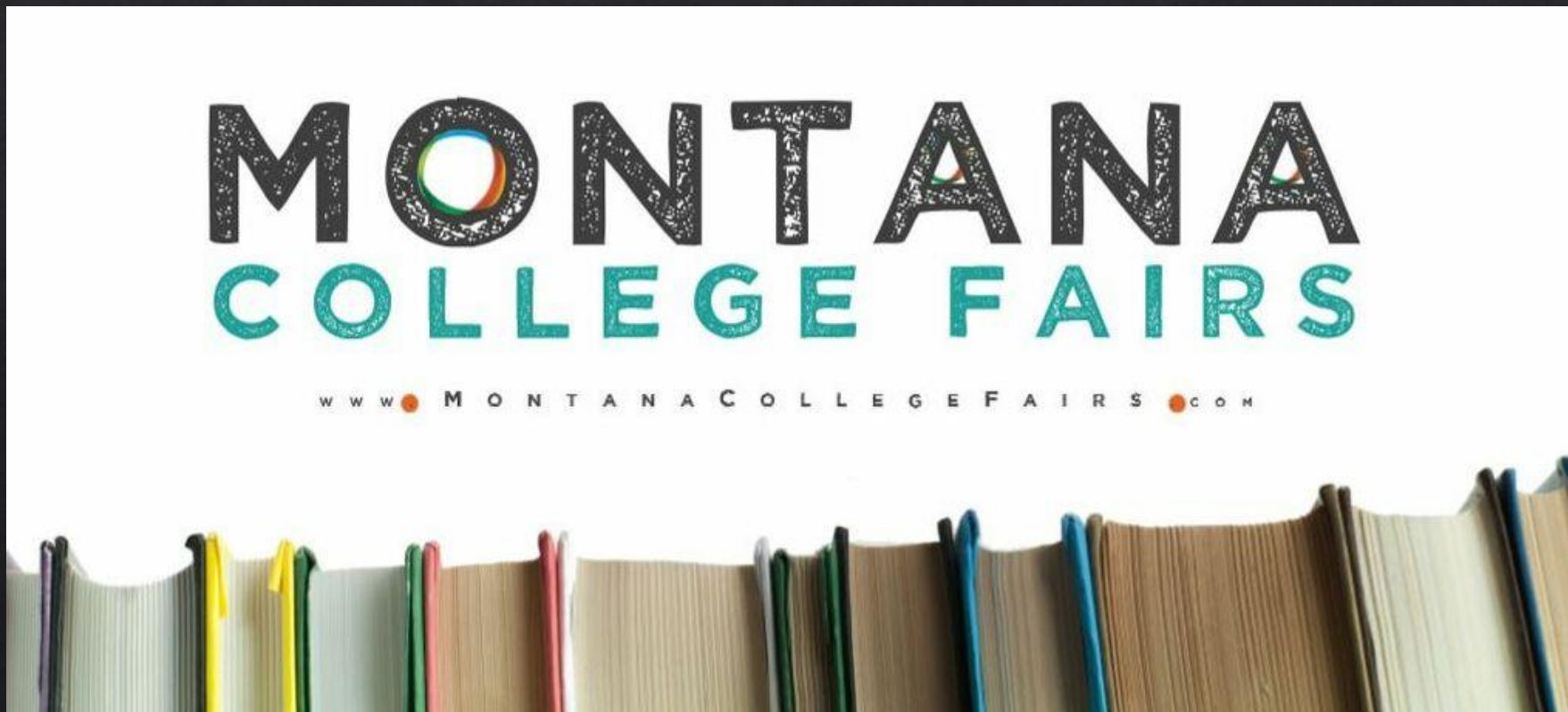
1. Listen to the announcements, follow our social media accounts, NextGrad Screen in the foyer, or check the Counseling Department page for announced visits.
2. Sign-up ahead of time in counseling office.
3. Counseling office will send pass to attend.

College Fair

Monday September 25th
Carroll College Hunthausen Center
1:30-3 PM

If you have a 6th or 7th period and want to be excused to attend, check out with Mr. Herndon in the career center before leaving CHS

Register today at montanacollegefair.com for a chance at a \$1000 scholarship

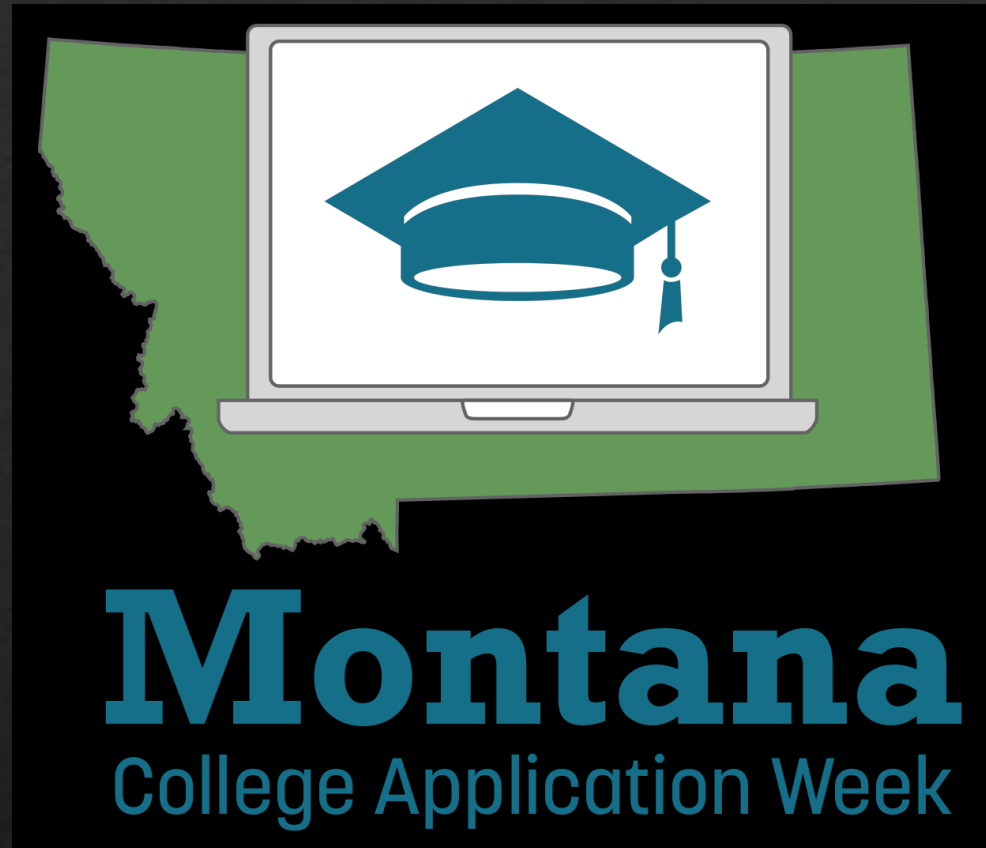


College Application Week

October 2– October 6

During CAW, you can make an appointment with the career center to get help with your college applications

Students will be able to apply to any college in Montana for free during CAW week
(public and private schools)



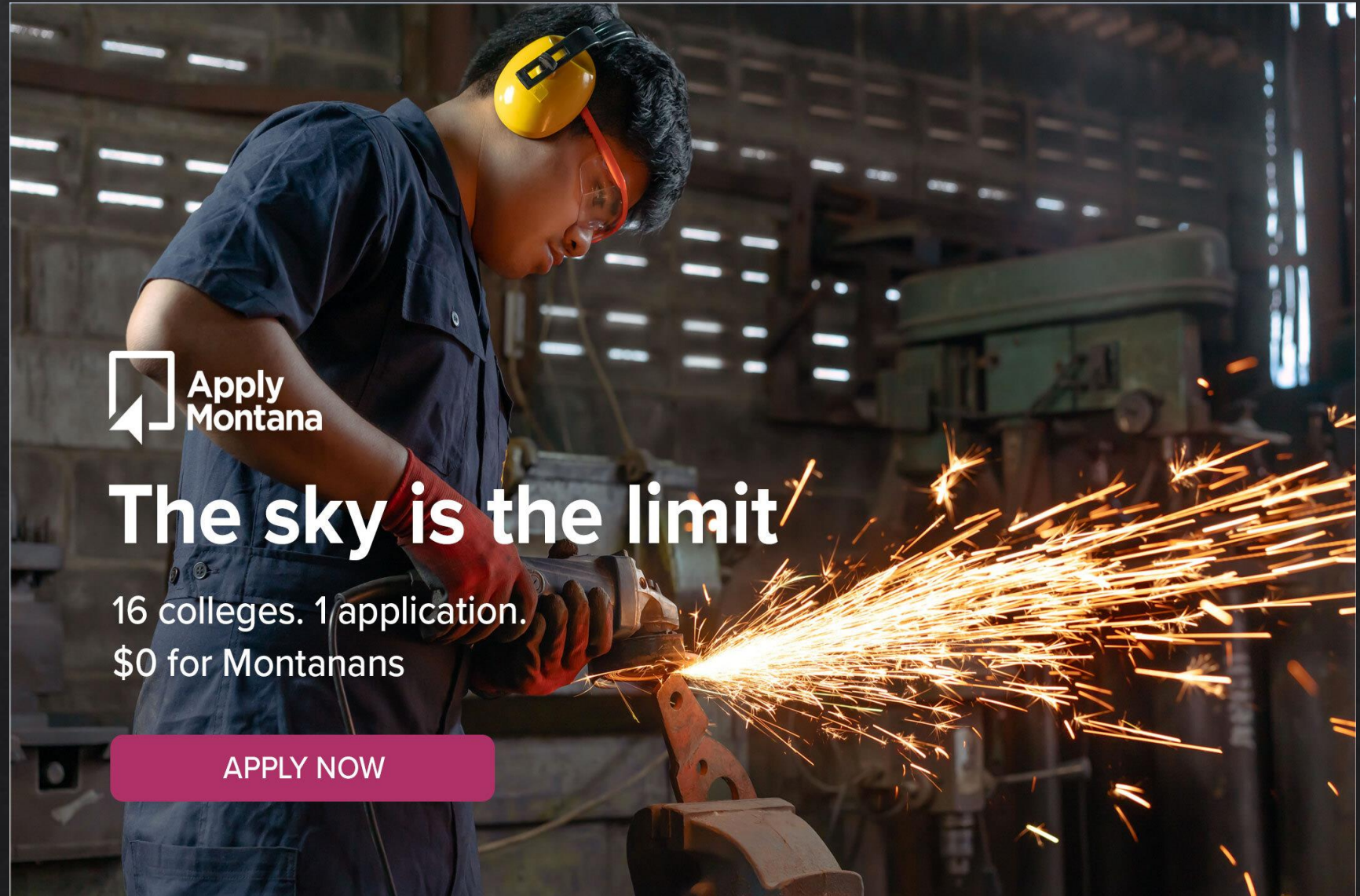
Apply Montana

All public colleges in Montana now have 1 central application that you can apply for 1 to 16 schools for FREE! Anytime!

As long as you use the Apply MT portal, and not the school specific sites, the application fee is waived.

You can also use the page to search which schools offer what majors, so you are applying for the correct schools.

applymontana.mus.edu



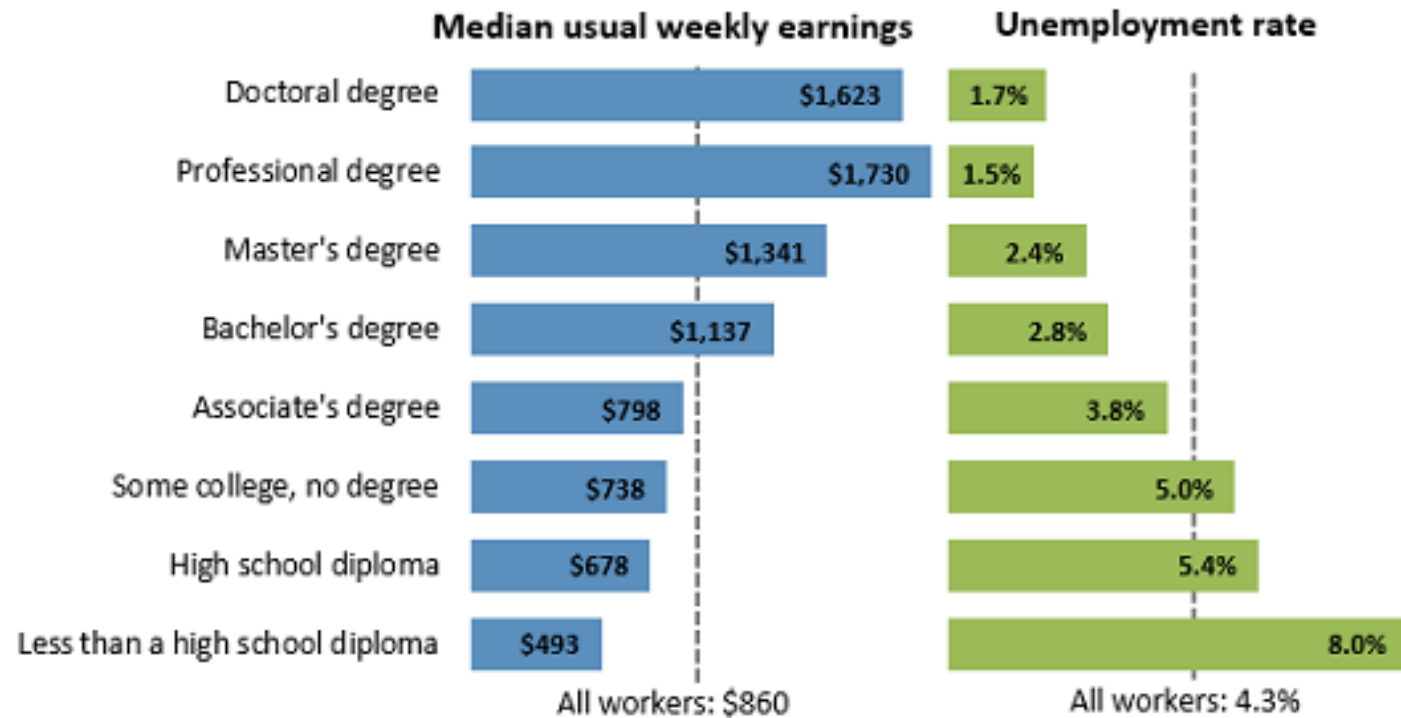
The sky is the limit

16 colleges. 1 application.
\$0 for Montanans

APPLY NOW

How Higher Ed can Help You!

Earnings and unemployment rates by educational attainment, 2015



Note: Data are for persons age 25 and over. Earnings are for full-time wage and salary workers.
Source: U.S. Bureau of Labor Statistics, Current Population Survey

Everyone's path is different, but the truth is in the data, doing some sort of career based training after high school will have a significant impact in your career earnings.

Montana University System (MUS)

To be enrolled in a 4yr. Montana Public University you must have 1 of the following

2.5 GPA

or

Rank in top 1/2 of class

or

Test scores

•MSUB, MSU, UM, Tech, Western ACT 22

•MSUN ACT 20

And

College Prep curriculum

Rigorous Core = 3 years of math through Algebra II, an additional lab science, 3 years of concentrated electives ([http://mus.edu/Prepare/Pay/Scholarships/MUS Honor Scholarship.asp](http://mus.edu/Prepare/Pay/Scholarships/MUS_Honor_Scholarship.asp))

The Montana Board of Regents of Higher Education has ended the requirement that students provide ACT or SAT test scores for admission to its campuses. **This change is effective immediately and for the foreseeable future. If you have ACT or SAT test scores, please submit them. These scores can be used in place of a supplemental assessment administered through MUS to determine math and English placement.**

MUS PROFICIENCY STANDARDS

MATH PROFICIENCY

ACT 22 or SAT 27

.5 Math subtest or

3 or above on AP Calc or

Grades of C or higher in 4 yrs HS
Math (beginning with Algebra I)

WRITING PROFICIENCY

ACT ELA Score if 18 or

ACT Writing score of 19 or

SAT writing and language
score of 25

* If you do not meet these you will be offered a provisional admission

ACT BENCHMARK DATA

ACT College Readiness Benchmarks		
College Course	ACT Subject Area Test	ACT Benchmark
College Writing	English	18
College Algebra	Math	22
Social Sciences	Reading	22
Biology	Science	23

ACT Data shows that students who meet or exceed these benchmarks have a 50% chance to get a B in their college course and a 75% chance to pass with a C (must obtain a C in college courses to be awarded credit)

Provisional Admission

Provisional admission is granted to students scoring 18-21 on ACT and 440-510 on SAT mathematics tests. A 5-6 on ACT or SAT essays is also accepted.

Students who don't meet the writing and math proficiency standards are admitted to 4-year universities on a provisional basis. Students who are provisionally admitted can gain full admittance by:

*Earning a "C" or better in developmental courses preparing students for college level course work (must be done within the first three semesters); or

*Earning satisfactory scores on individual campus math placement exams;

or

*Completion of an associate of arts or associate of science degree.

ACT and SAT Online Accounts:

If you would like to improve your test scores you will need to sign up through the testing services websites and take a weekend exam. If you need financial assistance to retake, please see your counselor.



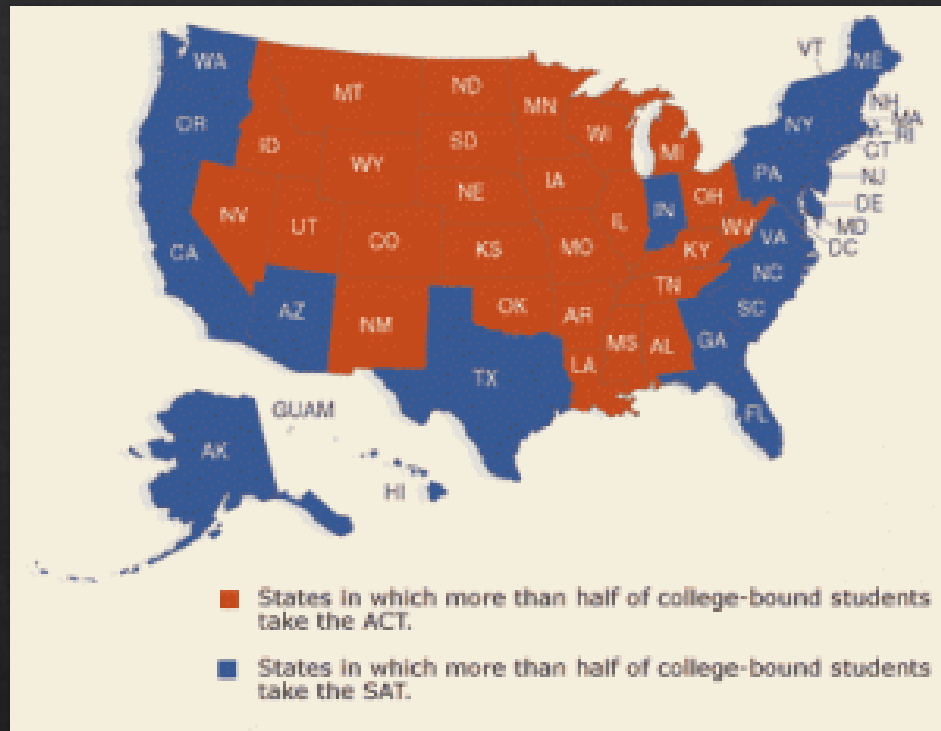
Go to the ACT Student web page to create your account and to register for a National Test. [ACT.org](https://www.act.org)



Use your College Board account. Same one for PSAT and/or AP Testing.

SAT is another option for a standardized test for college placement and scholarship consideration.

ACT vs. SAT



	SAT	ACT
Length	3 hr, 45 min	3 hr, 25 min
Sections	10 sections: 3 Math, 3 Critical Reading, 2 Writing, 1 essay, 1 experimental (not graded)	4 sections: English, Math, Reading, Science, Writing (optional)
Reading	Sentence Completion and Passage Based Reading	4 Passages, 10 questions per passage
Science	NONE	Problem solving
Math	Up to Algebra 2	Up to Trigonometry
Essay	Required	Optional
Score Composition	Each section is worth 800 points	Each section is worth 36 points
Scoring	Aggregate of 3 scores 600-2400	Average of 4 sections 1-36
Penalties	¼ of a point for wrong answers	No penalty

Both tests are pretty much interchangeable with most colleges

2 factors to look at:

1. Geographical- The Coasts tend to prefer the SAT, Our area tends to prefer the ACT
2. Strengths- Writing, English- SAT, Science, Math- ACT

Other Options- 2 Yr. Schools to start

Open Admission

Two-year colleges in the MUS offer open admissions that do not require the academic standards listed above.

However, certain programs (such as nursing) have admission standards.

A high school degree or HiSet (GED) is required for admission to all degree programs.

Helena College

No longer just the Vo-Tech

Helena College offers students a great way to get a jump start on their college education at an affordable price.

\$6,500 per year vs. (\$17,400 UM), (\$18,660 MSU), (\$43,473 Carroll)

They offer several Pre-Professional programs that can allow students to get a look at what they want to do in a smaller class environment

Pre-Pharmacy, Pre-Criminology, Associates of Arts Transfer, Associate of Science Transfer, AS-Registered Nursing

They also offer several 2 year programs that have a higher return in investment than several 4 year programs.

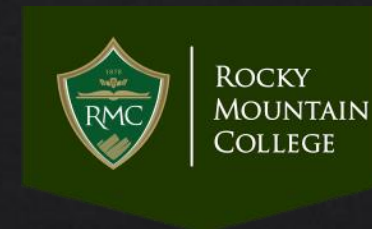
Private Colleges

Private colleges can also be a viable option over traditional 4 year public colleges.

While many of them have higher tuition rates, they also often offer many more scholarship opportunities that can often make them a better financial decision.

Additionally they are often smaller, which allows students to have more time with professors and not TA's, so as far as bang for your buck, you get more experts teaching your children.

We have 3 wonderful Private colleges in Montana, Rocky Mountain College, University of Providence Great Falls, and our own Carroll College, which is typically ranked as the #1 best college in the west and #2 in best value by US News.



FAFSA

(Free Application for Federal Student Aid)

Why FAFSA? This is how you get a student loan or grant.

Step One: Create a FAFSA ID. The student and one parent/guardian will need a username and password.

Step Two: Complete the FAFSA application online.

Important Dates: October 1st (application opens)
 December 1st (priority filing date for most schools)

Even if you think you won't qualify for assistance, you should still complete the FAFSA because many scholarships or school programs require it.

Need Help?
Text FAFSAHELP to
41411



FSA ID

Step 1 in completing the FAFSA is creating a FSA ID
The student and at least 1 parent must create an ID

Will be something you will use for the entirety of your work with Financial Aid, from start of college all the way through finishing paying off your loans.

For that reason, use an email address you will keep and not your @helenastudent.org one.

To speed up the FAFSA process, its best to create the FSA ID now.

To create your ID go to

fsaid.ed.gov



FAFSA Information

The FAFSA is the Free Application for Federal Student Aid

You can start filling out the FAFSA starting on October 1st

- You now use what they call prior prior tax information, so for the 2022 school year, you need your 2020 tax information.

When you create your FSA ID, for most of you, your tax information can be automatically imported from the IRS through a data retrieval tool. The data is secure and masked and by using the tool you are less likely to be flagged for income verification from the college financial aid office.

All schools in Montana have a December 1st Priority deadline.

- They start giving out grant and work study money at this time and once those types of aid are gone, they are gone. It is in your best interest to file early.
- You can choose multiple schools if you are unsure where you are going, and each will put together an aid package for you (which helps you be a better consumer).

FAFSA WORKSHOP

The CHS Counseling Departments will be hosting a FAFSA Workshop, with help from Carroll College, Helena College, and Reach Higher Montana

11/21

5-7 PM

Library

Bring your 2022 tax documents and get help from FAFSA professionals filling out the forms.
Great help for first timers!

Scholarships

- ◇ Academic (GPA, Test Scores)
- ◇ Institution based- (merit or degree specific)
- ◇ Need Based (based on parents' income)
- ◇ Employer Based (where you or your parents work)
- ◇ Identity Based (groups you identify with, religion, orientation, etc.)
- ◇ Service Based (Volunteer experiences)
- ◇ Talent Based (athletics, music, theater, etc.)
- ◇ Military Based (ROTC, GI Bill)

◇ *Scholarship search tools and services-*

Fast Web

College Green Light

JLV College Counseling

Reach Higher Montana

Our Scholarship Page

<https://chs.helenaschools.org/departments/counseling-and-career-center/>

College/Scholarship Essays



7 tips for a good essay!

1. Don't spend too much time obsessing over which prompt to use
2. Don't worry too much about what "they" want
3. Consider being vulnerable in your personal statement
4. Engage the readers imagination using all 5 senses
5. The ending of your essay should feel surprising, but inevitable
6. The essence objects exercise
7. The values exercise

Looking out-of-state?

Tools to consider:

College Board Big Future

Pay for College tab; CSS Profile

WUE (Western Undergraduate Exchange Program)

Student pays 150% of in-state tuition.

Questbridge (high achieving, low-income students; 4 year full-tuition to a partner school).

Income threshold, less than \$65,000. Application due by 9/29/2020.



College Athletics

If you plan to play college sports, you will need to create an eligibility account.

NAIA Athletes

www.playnaia.org

NCAA Athletes

www.ncaaeligibilitycenter.org

**NCAA eligibility requires 16 core classes from
Eng/SS/Math/Sci/FL**

Military

<https://www.todaysmilitary.com/> Quick link for info about all military options

Air Force ROTC

2d Lieutenant Dalton Scheel (385) 364-8884

dalton.Scheel.1@us.af.mil

Army National Guard

SSG Branden Watts (406) 594-4853

branden.b.watts.mil@mail.mil or www.MontanaGuard.net

Marines & Navy

Sergeant Brenden J. Pennington (406) 442-3871

Brenden.Pennington@marines.usmc.mil



New Program for Service Members

Starting the fall of 2020

Qualifying members of the Montana National Guard and the Montana Air National Guard have been approved for full tuition waivers to all public Montana Colleges in the Montana University System

According to the policy, “This new mandatory tuition waiver will augment existing G.I. Bill and Tuition Assistance entitlements for Montana National Guard members, allowing them to receive financial aid packages that cover 100 percent of the cost of tuition in the Montana University System.”

This supplementary benefit is a tuition specific waiver and does not include fees associated with coursework or programming.



Apprenticeships

Students who are completing the CHS Pre-Apprenticeship program need to be working with Mr. Canney or Mr. Kain to create the documentation and appropriate paperwork.

If you have not participated in our pre-apprenticeship program, but are interested in learning more about apprenticeship opportunities post high school, please visit

<https://apprenticeship.mt.gov/>

Apprenticeships are great options for career advancement and training.

Apprentices who complete their program earn an average of over \$63,000 annually, \$20,000 higher than the statewide average wage. After a 30-year career, that's a \$600,000 dollar difference, not even accounting for raises along the way. You'll start earning a paycheck the first day of your apprenticeship and are employed throughout your entire training program.

CHS Pre-Apprenticeship Program

Students who have completed any of the classes below can register their hours with the MT Dept of Labor Apprentice Program and even if you don't start for years, they are there if you ever switch to a trade.

Capital High School Approved Pre-Apprenticeship Courses/Hours					
CHS Courses			CHS Activities/Certifications		
Course #	Course Name	Max Hours	Additional Hours That Can Be Earned at CHS		
7100	Industrial Tech	150		OSHA 10	10
7102	Carpentry 1	300		SkillsUSA	30
7190	Carpentry 2	300		NAHB	30
7173	Carpentry 3	300	Total Hours Earned at CHS		2170
7410	Drafting 1	150			
7163	Drafting 3-Arch	150			
7230	Welding 1	150	Supplemental Dual Credit Courses		
7240	Welding 2	300	1459	Technical Writing	150
7250	Welding 3	300	3356	Technical Math	150
Total Classroom Hours		2100	Max Potential Hours at CHS		2470

CHS Pre-Apprenticeship Program

Apprenticeship programs require members to complete career specific training as well as on the job training hours. Hourly wage is dependent on where apprentices are within the apprenticeship program.

The CHS pre-apprentice program can lead to apprenticeships in construction, electrical, or plumbing fields. Additional construction related fields may be able to count hours depending on apprentice sponsor approval.

Typical Electrician Apprentice Pay Scale			
1 st Band	0-1000 Hours	\$18/Hour	or 40% of Journey Worker Wage
2 nd Band	1001-2000 Hours	\$22.5/Hour	or 50% of Journey Worker Wage
3 rd Band	2001-3500 Hours	\$27/Hour	or 60% of Journey Worker Wage
4 th Band	3501-5000 Hours	\$31.50/Hour	or 70% of Journey Worker Wage
5 th Band	5001-6500 Hours	\$36/Hour	or 80% of Journey Worker Wage
6 th Band	6501-8000 Hours	\$40.5/Hour	or 90% of Journey Worker Wage
Journeyman	8000 hours completed	\$45/Hour	

Joining the Workforce

There are many careers that only require a high school diploma. If you are interested in learning about your opportunities in a preferred career field, please make an appointment with Ms. Aspen and she will connect you with industry connections.

The best thing to prepare for joining the work force is having a strong resume, cover letter, and practice your interview skills. We can help, just reach out!

Things to consider; full time vs part time, benefits, health insurance, cost of living, paid vacation time, career advancement opportunities, job satisfaction, and of course salary vs hourly pay.



Post High School

We in the Capital High School Counseling Department believe that graduation is the beginning of a new journey, and not the end of your educational journey.

College, Military, Apprenticeships, Finding a Career, all of these are great options, and we are here to support all paths.

Whatever direction you go post high school, you will benefit from pursuing some sort of post high school training. We are here to assist you in that journey and if you ever want to sit down one on one and discuss it, please make an appointment with Ms. Aspen.



Senior Yearbook

Senior Pictures Due - October 28th
Email: capitaldomeyearbook@gmail.com

Senior Ads due on October 28th

Yearbook Prices increase from \$70 to \$80 on
October 28th

Ads and Yearbooks can be purchased on
www.yearbookforever.com or Capital Revtrak
system under extras.

Any questions email:
capitaldomeyearbook@gmail.com



*Tomorrow you will get the forms to order
Graduation Supplies*



Travis Belcher
443-3844

Travis.belcher@Jostens.com

Jostens.com
Search Capital High School

Keep Up with US!

CHS Counseling Dept. Website

<https://chs.helenaschools.org/departments/counseling-and-career-center/>

CHS Counseling Facebook

<https://www.facebook.com/BruinCounseling>

CHS Counseling Twitter

@BruinCounseling

CHS Counseling Instagram

@BruinCounseling



Graduation!

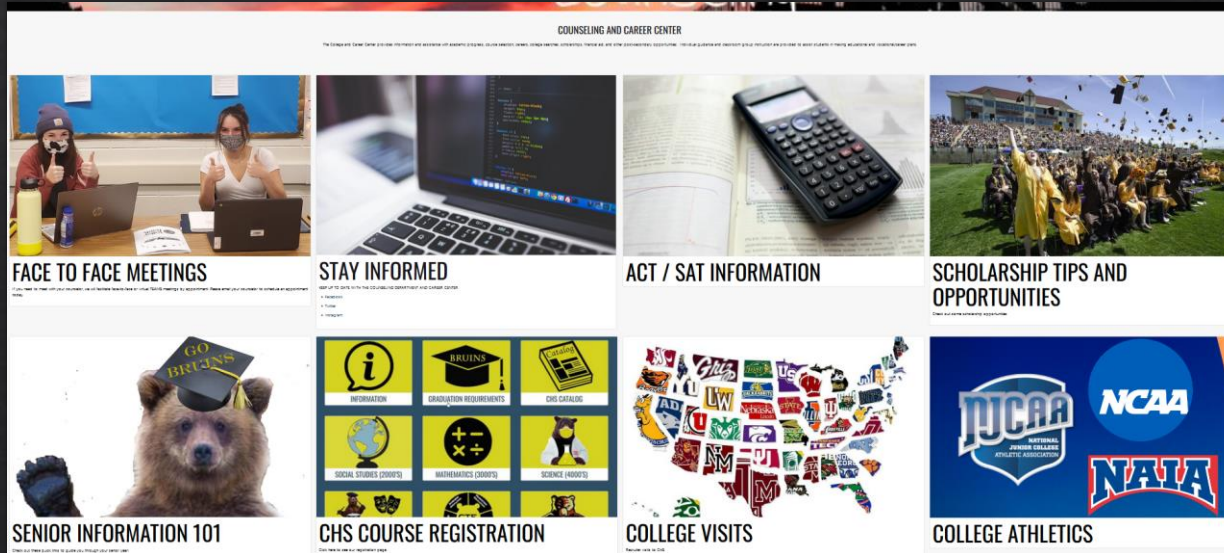
Saturday, June 1st at Noon

Carroll PE Center

Carroll College



Next Step



◇ Open Teams and find Senior Class Team

◇ Click on the link

Or

◇ Go to chs.helenaschools.org

◇ Click on Counseling and Career Center

◇ Click on Senior Year 101

◇ Complete Senior Year Pre-Survey