



2019 Westside Basketball Camp

DIRECTED BY CAPITAL HIGH SCHOOL COACH
GUY ALMOUIST

July 8th – 11th

For Boys entering Grades 4-9

The Westside Basketball Camp is designed to introduce you to Capital High Basketball. We will focus on every aspect of the game with an emphasis on fundamentals.

Camp features

- T-shirt for every player
- Personal contact with staff
- Specialized sessions on offense, defense, shooting, rebounding, dribbling and passing
- Perimeter & Post work
- 5-5 full court play every day
- Hot Shot, 1-1, 3-3, Free Throw & 3 Point Competitions

Learn to play the Bruin Way!!

Check all that apply:

Westside Basketball Camp

Boys grades 4-6

Monday July 8 – Thursday July 11
9:30 am – 12:30 pm

Boys grades 7-9

Monday July 8 – Thursday July 11
1:30 – 5:00 pm

All Sessions held at CHS gym

Camp Fees

\$90 per Individual *

- Subtract \$10 for each additional family member!

Make checks payable to: Westside Basketball

Name: _____ Grade (fall **2019**): _____

Email: _____ Phone: _____

City: _____ State: _____ Zip: _____

T-Shirt Size (**YOUTH** sizes s,m,l **ADULT** sizes s,m,l,xl) _____

The undersigned parent / guardian of a participant in the Westside Basketball Camp acknowledges that there are certain dangers inherent in any athletic activity and that bodily injury could occur while playing basketball at camp. The undersigned agrees that the undersigned's child listed above will hold the Westside Basketball Camp, it's directors and staff free from any and all liability for any and all accidents or injuries occurring of the participant as a result of participation in the camp, and hereby release the Westside Basketball Camp, directors and staff from any and all such liability.

Parent/Guardian _____ Date: _____

Medical Insurance _____ Policy No. _____

Emergency Contact _____ Phone _____

NO CONFIRMATION WILL BE SENT

T-shirt not guaranteed to anyone registered after June 24th.

Office Use Only!

Amt. _____ Date _____

Return this form to: **Westside Basketball Camp**
770 Jade Street
Helena, MT 59602

(406) 459-2428 • e-mail: guvalmquist@yahoo.com

Space is limited, send your registration today!