

Lady Bruin Basketball

Summer 2017

"For me, winning isn't something that happens suddenly on the field when the whistle blows and the crowds roar. Winning is something that builds physically and mentally every day that you train and every night that you dream."

- Emmitt Smith

Players and Parents:

The summer is fast approaching and with that comes the opportunity for our basketball program to improve. The time between June 1 and Aug 1 is an open window of opportunity where players and coaches are free to work on their teams and their skills. Unlike during the season, nothing during this time is mandatory but the athletes who choose to work on their skills are the ones that see the most rewards when the season comes along.

MAKING OR NOT MAKING THE TEAM NEXT YEAR WILL NOT BE DUE TO YOUR PARTICIPATION IN OUR SUMMER SCHEDULE. That decision is always based on where your skills stand in comparison to the rest of the players in the program at tryout time. By not participating in the off-season you are making the decision to allow other players in our program and other teams in the state that we compete against to make strides that may position them above you!

Summer Kick-off: On Thursday, June 1 from 3:30-5:30 @ CHS we will have a summer kick-off session. All players are encouraged to be at this. We will have a shooting session, discuss 10,000 shot program, and practice for summer tourneys.

Evening Open Gyms: Evening open gyms will begin on Monday, May 15 from 6:30-8:00 at CHS and will continue throughout the summer on Mondays!

Morning Open Gyms: Beginning on Monday, June 19 the gym will be open for shooting and individual skills from 6:30-8:00am on scheduled days. The days of the week will rotate with the boys BB and Girls VB programs so it is important to watch the schedule (available online at the summer camps link)! This time is to be used for shooting and individual skills. Coaches will be at these sessions to help and lead drills. Every day you participate in a morning open gym is worth 300 shots made in the 10,000 shot program!

Weight Lifting: The weight room will be open from 8:00-9:00am on days that Girls VB or BB have early gym. You may join the 7:00-8:00 lifting with Coach Reyant, lift from 8:00-9:00am, or choose to lift on your own outside of CHS.

DOTS: The summer dots program is available for all athletes on all weekdays from 8:00-10:00am. You must sign up for this at CHS.

Aside from these regular opportunities, we also have available several tournaments, individual camps, and a team camp that our program will be participating in. Many of these require a cost and/or transportation. You must sign up in advance for these tournaments so that we can anticipate the number of teams and individuals that we can take. It is important to note that teams for this are not picked on seniority. Skill level and available open spots will be balanced to field the most competitive teams.

PARTICIPATION IN LADY BRUIN CAMP, TEAM CAMP, OR TOURNAMENTS DOES NOT GAURANTEE YOU WILL MAKE OR NOT MAKE A TEAM NEXT YEAR!

**Hard Work is extremely valuable,
Smart Work is PRICELESS!!**

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Please check below the activities that you are willing to commit to for this summer. Many of the tournaments have varying levels and you are not required to be a varsity player to sign up. The tournaments we take a second team to, that team is usually made up of incoming frosh and soph players.

_____ Kick-off Shooting session/Open Gym on June 1 3:30-5:30pm @ CHS

_____ 10,000 shot club. I am committed to trying to achieve the goal of making 10,000 shots before the end of the summer!

_____ Weights: I am committed to lifting at least weights 2 days a week.

_____ Mornings @ CHS

_____ On my own Where? _____ When? _____

_____ June 3rd,4th Dillon (UM-Western) Tourney → 1 or 2 teams (fr-sr)

- entry fee is paid by the program
- kids have to arrange own transportation

_____ June 12 – 15 Gonzaga Team Camp → 3 Teams

- \$295 per player includes all meals and lodging at the camp. (Jr and Sr can earn \$ by working Lady Bruin Camp)
- We will carpool there and back and need 2-3 vehicles other than the 3 coach's cars.

_____ My family would be willing to help with transportation!

_____ June 17th 1 day round robin tourney at Capital (2 teams)

- Entry is paid. Players will be asked to help with the tourney for some games when they are not playing.

_____ June 19-22 Lady Bruin Basketball Camp (Grades 4-10)

- \$85 turn in registration in advance!

_____ I am a Jr or Sr planning to help coach at the camp

_____ June 24th 1 day round robin tourney at Bozeman HS (2 teams)

- Entry is paid.

RETURN THIS FORM TO COACH PILGERAM BY Friday, MAY 12!!

Player Name (print) : _____

Parent signature: _____

Cell Phone (player): _____

Summer Phone (parent) _____