



# 2017 Westside Basketball Camp

DIRECTED BY CAPITAL HIGH SCHOOL COACH  
GUY ALMOUIST

## July 10<sup>th</sup> – 13<sup>th</sup>

### For Boys entering Grades 4-9

*The Westside Basketball Camp is designed to introduce you to Capital High Basketball.  
We will focus on every aspect of the game with an emphasis on fundamentals.*

#### Camp features

- T-shirt and Ball for every player
- Personal contact with staff
- Specialized sessions on offense, defense, shooting, rebounding, dribbling and passing
- Perimeter & Post work
- 5-5 full court play every day
- Hot Shot, 1-1, 3-3, Free Throw & 3 Point Competitions

### *Learn to play the Bruin Way!!*

Check all that apply:

#### Westside Basketball Camp

Boys grades 4-6

Monday July 10 – Thursday July 13  
9:30 am – 12:30 pm

Boys grades 7-9

Monday July 10 – Thursday July 13  
1:30 – 5:00 pm

All Sessions held at CHS gym

#### Camp Fees

**\$90 per Individual \***

- Subtract \$10 for each additional family member!

Make checks payable to: **Westside Basketball**

Name: \_\_\_\_\_ Grade (fall **2017**): \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

T-Shirt Size (**YOUTH** sizes s,m,l **ADULT** sizes s,m,l,xl) \_\_\_\_\_

The undersigned parent / guardian of a participant in the Westside Basketball Camp acknowledges that there are certain dangers inherent in any athletic activity and that bodily injury could occur while playing basketball at camp. The undersigned agrees that the undersigned's child listed above will hold the Westside Basketball Camp, it's directors and staff free from any and all liability for any and all accidents or injuries occurring of the participant as a result of participation in the camp, and hereby release the Westside Basketball Camp, directors and staff from any and all such liability.

Parent/Guardian \_\_\_\_\_ Date: \_\_\_\_\_

Medical Insurance \_\_\_\_\_ Policy No. \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Phone \_\_\_\_\_

\* To maximize attention, each session is limited to the first 72 paid applicants.  
T-shirt not guaranteed to anyone registered after June 24<sup>th</sup>.

#### Office Use Only!

Amt. \_\_\_\_\_ Date \_\_\_\_\_

Return this form to: **Westside Basketball Camp**  
**770 Jade Street**  
**Helena, MT 59602**

(406) 459-2428 • e-mail: [guvalmquist@yahoo.com](mailto:guvalmquist@yahoo.com)

### Space is limited, send your registration today!