WELCOME TO CAPITAL HIGH

BE A GRADUATE
BE RESPONSIBLE
BE RESPECTFUL

A GUIDE TO HELP YOU NAVIGATE CHS
THE CAPITAL CODE

BE RESPECTFUL

- Use appropriate language.
- Cell phone use is allowed in hallway and class only if a teacher gives permission.
- We ask that hats be removed when entering the building.

BE RESPONSIBLE

- Keep up with your grades in Powerschool.
- Be prepared and on time for class (5 min. passing period).

BE A GRADUATE

- Complete the graduation requirements.
- You must earn a D or higher to earn credit.
NEW STUDENT CHECKLIST

__ Get your schedule from your counselor.
__ Get a tour from a career center assistant.
__ Get a locker from the attendance office.
__ Get ID photo taken in room ________.
__ Add money to lunch account (bookkeeper).
__ Get a parking pass (main office).
__ Get books for classes (library).
__ Get computer access/email (library).
__ Get Powerschool log in (counselors).
# MONDAY CLASS SCHEDULE

**(EARLY OUT)**

<table>
<thead>
<tr>
<th>Period</th>
<th>Time</th>
<th>Duration</th>
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</thead>
<tbody>
<tr>
<td>Period 0</td>
<td>7:32-8:15</td>
<td>43 min</td>
</tr>
<tr>
<td>Period 1</td>
<td>8:20-9:03</td>
<td>43 min</td>
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<tr>
<td>Period 2</td>
<td>9:08-9:51</td>
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<tr>
<td>Homeroom</td>
<td>9:51-9:56</td>
<td>05 min</td>
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<tr>
<td>Period 3</td>
<td>10:01-10:44</td>
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<tr>
<td>Period 4</td>
<td>10:49-11:32</td>
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<tr>
<td>Lunch</td>
<td>11:32-12:11</td>
<td>39 min</td>
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<tr>
<td>Period 5</td>
<td>12:11-12:54</td>
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<tr>
<td>Period 6</td>
<td>12:59-1:42</td>
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</tr>
<tr>
<td>Period 7</td>
<td>1:47-2:30</td>
<td>43 min</td>
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Teacher PLC time 2:40-3:40
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<th>Duration</th>
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<td>50 min</td>
</tr>
<tr>
<td>Period 1</td>
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<tr>
<td>Period 2</td>
<td>9:15-10:05</td>
<td>50 min</td>
</tr>
<tr>
<td>Homeroom</td>
<td>10:05-10:10</td>
<td>5 min</td>
</tr>
<tr>
<td>Period 3</td>
<td>10:15-11:05</td>
<td>50 min</td>
</tr>
<tr>
<td>Period 4</td>
<td>11:10-12:00</td>
<td>50 min</td>
</tr>
<tr>
<td>Lunch</td>
<td>12:00-12:35</td>
<td>35 min</td>
</tr>
<tr>
<td>Period 5</td>
<td>12:35-1:25</td>
<td>50 min</td>
</tr>
<tr>
<td>Period 6</td>
<td>1:30-2:20</td>
<td>50 min</td>
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<tr>
<td>Period 7</td>
<td>2:25-3:15</td>
<td>50 min</td>
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GETTING AROUND CHS

2nd Floor
IMPORTANT INFORMATION

Phone #s
Bus (First Student) 227-7400
CHS Attendance Hotline 324-2499
CHS Resource Officer 949-3683
CHS Main Office 324-2500

Websites
School Website chs.helenaschools.org
Powerschool ps.helenaschools.org
ACT Website actstudent.org
SAT Website sat.collegeboard.org
Career Cruising careercruising.com

Supplies
Pens (Black, Red)
Pencils
Binder
Folders
Notebooks
Lock
Colored Pencils
* Specific courses may require additional supplies
** We have angel fund supplies for students who are in need
GET INVOLVED AT CHS

MHSA Activities

Fall
Football
Cross Country – Boys, Girls
Volleyball
Golf - Boys, Girls
Soccer – Boys, Girls

Winter
Basketball- Boys, Girls
Speech & Debate
Swimming
Wrestling

Spring
Track- Boys, Girls
Softball
Tennis- Boys, Girls

Year Round
Cheerleaders
Cadettes (Dance Team)

MHSA Activities have Eligibility Requirements

Must fill out MHSA form in registration packet
Must have passed 4 semester classes previous semester
Additional rules can be found at www.mhsa.org

CHS Clubs/Activities

Art Club
Band
Big Bucks Club
Bruin Vision
Business Professionals (BPOA)
Chess Club
Chorus
DECA
E.Sports Club
E.C.O. (Environmental Co-op)
Envirothon
FCCLA
Feminist Club
Fife & Drums Club
French Club
German Club
Green Club
Key Club
Latin Club
Link Crew (Peer Mentoring)
Model United Nations
National Honor Society
Orchestra
Outdoors Club
Paw Print
PEERS
Pep Band
Respect Club
Science Club
Shred Club
Shufflerz
Skills USA-VICA
Spanish Club
Student Council
Thespians/Drama
Vigilante Parade
Yearbook
Youth Alive
Youth First/Young Life
Youth Legislature Delegation (MT)
COMMON QUESTIONS

LUNCH

Lunch at CHS is from 12:00-12:35 (11:32-12:11 on Mondays)

We have an open campus for lunch, but be advised that 35 minutes is a short time frame.

We also offer lunch in 2 areas

- Cafeteria (school lunch accounts, cash)
- Main Lobby (cash only)

Free and Reduced Lunch forms are available from the bookkeeper.

DRIVER’S (TRAFFIC) EDUCATION

We run 3 sessions of driver’s education a year-

- fall, spring, summer.

Up-to-date sign up information can be found at-

http://helenaschools.org/departments/traffic-education/
**CAPITAL HIGH GRADUATION REQUIREMENTS**

Students who complete the course requirements listed below and earn a minimum total of 21 credits (classes of 2016-2019) or 23 credits (class of 2020) will meet the requirements for graduation.

<table>
<thead>
<tr>
<th>Course Type</th>
<th>Classes of 2018-2019 Credits Required</th>
<th>Class of 2020(+) Credits Required</th>
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<tbody>
<tr>
<td>ENG English</td>
<td>4.0</td>
<td>4.0</td>
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<tr>
<td>SST World Cultures</td>
<td>1.0</td>
<td>1.0</td>
</tr>
<tr>
<td>USH US History</td>
<td>1.0</td>
<td>1.0</td>
</tr>
<tr>
<td>AMG American Gov</td>
<td>1.0</td>
<td>1.0</td>
</tr>
<tr>
<td>SCI Science</td>
<td>2.0</td>
<td>2.0</td>
</tr>
<tr>
<td>MTH Mathematics</td>
<td>2.0</td>
<td>3.0</td>
</tr>
<tr>
<td>HP Human Performance</td>
<td>1.5</td>
<td>1.5</td>
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<tr>
<td>HE Health Enhancement</td>
<td>0.5</td>
<td>0.5</td>
</tr>
<tr>
<td>FA Fine Arts</td>
<td>1.0</td>
<td>1.0</td>
</tr>
<tr>
<td>VOC Career and Technical Education</td>
<td>1.0</td>
<td>1.0</td>
</tr>
<tr>
<td>ELE Electives*</td>
<td>6.0</td>
<td>7.0</td>
</tr>
<tr>
<td><strong>Total Credits Required</strong></td>
<td><strong>21.0</strong></td>
<td><strong>23.0</strong></td>
</tr>
</tbody>
</table>

*Elective credits may be earned in classes from all content areas, including SCI, MTH, FA, VOC, etc.*  

Montana University System Requirements are set at a higher standard than the graduation requirements. They recommend the Rigorous Core of Study and the CHS Counseling Department recommends it to all students who plan on attending a 4-year university.

**Rigorous Core Requirements**

- 4 years of English
- 4 years of Math (1 year beyond Algebra II)
- 3 years of Science
- 3 years of Social Studies
- 3 years of Concentrated Electives
CHS COUNSELING DEPARTMENT

Last Name of Student:
A-D  Mr. Robinson
E-K  Mrs. Meldrum
L-Ri Ms. Bawden
Ro-Z Mr. Ferlicka
Career Counselor Ms. Troianos

Keep Up with US!

CHS Scholarship Website
http://chs.helenaschools.org/departments/college-career-center/
CHS Counseling Facebook
https://www.facebook.com/BruinCounseling
CHS Counseling Twitter
@BruinCounseling
CHS Counseling Text Alerts
Text this number 81010
With this message @423f2
## CHS/Helena College Dual Credit Offerings

<table>
<thead>
<tr>
<th>Helena College Course</th>
<th>Credits</th>
<th>CRN</th>
<th>CHS Course</th>
</tr>
</thead>
<tbody>
<tr>
<td>WRIT 101</td>
<td>3</td>
<td>1456</td>
<td>College Writing/Literature</td>
</tr>
<tr>
<td>LIT 110</td>
<td>3</td>
<td>1456</td>
<td>College Writing/Literature</td>
</tr>
<tr>
<td>WRIT 111</td>
<td>3</td>
<td>1459</td>
<td>Intro to Technical Writing</td>
</tr>
<tr>
<td>COMM 111</td>
<td>3</td>
<td>1422</td>
<td>Speech</td>
</tr>
<tr>
<td>M111</td>
<td>3</td>
<td>3356</td>
<td>Technical Math</td>
</tr>
<tr>
<td>M121</td>
<td>3</td>
<td>3440</td>
<td>College Algebra</td>
</tr>
<tr>
<td>M151</td>
<td>4</td>
<td>3400</td>
<td>Pre-Calculus</td>
</tr>
<tr>
<td>M151</td>
<td>4</td>
<td>3301</td>
<td>Pre-Calculus Honors</td>
</tr>
<tr>
<td>M171</td>
<td>4</td>
<td>3402</td>
<td>Calculus Honors</td>
</tr>
<tr>
<td>STAT 216</td>
<td>3</td>
<td>3441</td>
<td>Statistics</td>
</tr>
<tr>
<td>ACTG 101</td>
<td>3</td>
<td>7370</td>
<td>Accounting 1</td>
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<tr>
<td>TASK 113</td>
<td>3</td>
<td>7300</td>
<td>Computer Tech Skills</td>
</tr>
<tr>
<td>CAPP 154</td>
<td>3</td>
<td>7360</td>
<td>MS Word/Access</td>
</tr>
<tr>
<td>CAPP 156</td>
<td>3</td>
<td>7361</td>
<td>MS Excel/PowerPoint</td>
</tr>
<tr>
<td>MCH 234</td>
<td>4</td>
<td>7250</td>
<td>Welding 3</td>
</tr>
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<td>WLDG 112</td>
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<td>AUTO 104</td>
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<td>7203</td>
<td>Auto 3</td>
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## CHS/Carroll College Dual Credit Offerings

<table>
<thead>
<tr>
<th>Carroll College Course</th>
<th>Credits</th>
<th>CRN</th>
<th>CHS Course</th>
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</thead>
<tbody>
<tr>
<td>M131</td>
<td>4</td>
<td>3406</td>
<td>Calculus, Linear Algebra, Differential Equations</td>
</tr>
<tr>
<td>M232</td>
<td>4</td>
<td>3406</td>
<td>Calculus, Linear Algebra, Differential Equations</td>
</tr>
<tr>
<td>CS110</td>
<td>3</td>
<td>3460</td>
<td>Computer Science</td>
</tr>
</tbody>
</table>
Dual Credit Courses are classes taught at CHS, where students are eligible to also earn college credit with a partner intuition for a heavily reduced rate ($150). See your counselor for more info.

**GETTING A JUMP START ON COLLEGE @CHS**

**Advanced Placement (AP)**

- American Government AP
- American History AP
- Art History AP
- Biology AP
- Calculus AP
- Chemistry AP
- Economics AP
- English 3 AP (Lang & Comp)
- English 4 AP (Lit & Comp)
- European History AP
- Spanish 5 AP

AP courses are honors courses taught at CHS, where a student has an opportunity to take the College Board AP test for college credit ($91).

**MONTANA DIGITAL ACADEMY: DUAL CREDIT OFFERINGS**

The Montana Digital Academy offers dual credit courses through various Montana University System Institutions. Students are responsible for the technology component to ensure success in the online learning environment. They are also responsible for college registration, cost of tuition and fees. Students should visit with their counselor for more information or visit: http://montanadigitalacademy.org/montana-university-system-dual-credit-information/
### 2017 District

**Holiday and Student Dismissal Dates**

- **August 28 & 29**: Staff Orientation
- **August 30**: First Day of School
- **August 31**: First Day of School
- **Grs 1-5, Gr 6 CRA & HMS, Grs 9-12 PAL, Gr 9 CHS & HHS**
- **September 1-3**: Labor Day - No School
- **September 4**: Labor Day - District Closed
- **September 5**: First Day of School for Kindergarten
- **October 19 & 20**: State Conventions-No School
- **November 6**: 2nd Quarter Begins
- **November 22-24**: Thanksgiving Break-No School
- **November 23 & 24**: District Closed
- **December 25 - Jan 1**: Winter Break-No School
- **December 25, 26 & Jan 1**: District Closed
- **January 15**: Martin Luther King Day-No School
- **January 16, 17 & 18**: HS Semester Testing
- **January 18**: K-8 12:00 p.m. Early Dismissal
- **P.M. K-8 Staff Records Day**
- **January 19**: No School K-12, HS Staff In-Service-Records Day
- **January 22**: 3rd Quarter Begins
- **February 19**: President’s Day-District Closed-No School
- **March 26-NP 2**: Spring Break-No School
- **April 3**: 4th Quarter Begins
- **May 4**: Vigilante Day - No school Grades 9-12/11:00 AM Dismissal K-8
- **May 28**: Memorial Day-No School-District Closed
- **June 2**: High School Graduation
- **June 4-6**: HS Semester Testing
- **June 6**: Last Day & 12:00 p.m. Early Dismissal Students K-8
- **P.M. K-8 Staff Records Day**
- **Last Day for Staff K-8**
- **June 7**: Last Day for Students 9-11
- **June 7**: HS Staff In-Service-Records Day
- **Last Day for 9-12 staff**

**All Mondays are Professional Release days for HSD staff. School will dismiss early every Monday—please see below for your school’s Professional Release schedule.**

- **Elementary**: 8:30-2:30
- **Middle School**: 8:05-2:15
- **High School**: 8:20-2:30

**Buses will run according to above schedule on Mondays**

### Calendar 2018

**January 2018**

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<th>Mon</th>
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**April 2018**

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**May 2018**

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**Approval Date 5/3/07**